

# **ENERGY STAR® Action Workbook** for Small Business

Updated September 2021















The Nevada Business Environmental Program in the College of Business at the University of Nevada, Reno is proud to partner with EPA's ENERGY STAR to help provide this new energy efficiency resource for small businesses by endorsing and co-branding EPA's ENERGY STAR Action Workbook for Small Business. For more information, see https://unrbep.org.







# About the Workbook

The United States (U.S.) Environmental Protection Agency's (EPA) ENERGY STAR® program intends this workbook to serve as a resource and planning guide for small business owners and staff who want to increase the energy and water efficiency of their properties by creating and implementing a realistic and cost-effective energy improvement program.

# Disclaimer

All energy, water, and monetary savings listed in this document are based upon average savings for end users and are provided for educational purposes only. Actual savings will vary based on energy, water, and facility use, national weather data for your locality, energy prices, and other factors. Greenhouse gas (GHG) emissions are calculated based on emission factors reported to the U.S. EPA by the electric utility provider serving your ZIP Code. Data referenced in this document is provided by the U.S. EPA.



#### September 2021

As Nevada small businesses recover from the economic challenges of the COVID-19 pandemic and tackle the challenges of climate change, drought, and wildfires, **ENERGY STAR** offers proven steps that business owners and managers can take to reduce their energy costs while also helping reduce greenhouse gas emissions.

Wasted energy is wasted money; take control of your electricity and natural gas bills. Become a more efficient user so you can stop spending more than you need to. Since 1988, the Nevada Business Environmental Program (BEP) has been a trusted business advisor to thousands of Nevada businesses and government organizations for environmental compliance, environmental sustainability, and energy needs. BEP is proud to partner with **ENERGY STAR** to co-brand this *Action Workbook for Small Businesses*. Filled with pragmatic and cost-effective energy improvement action steps, we are confident this will become a well-worn resource in your small business library.

As always, any business needing help with assessing its energy consumption and developing a plan of action is encouraged to give BEP a call at the number below. We can also help businesses access technical assistance services and potential funding resources available through our partners at NV Energy, Southwest Gas, and other energy utility providers.

The business case for energy efficiency is simple and strong: no business intentionally wastes money. Use the workbook to learn where your energy waste is and steps to minimize it. We know that businesses cannot be environmentally sustainable unless they are also economically sustainable. We hope this *Action Workbook* helps get you on the path to reduced energy costs and we look forward to hearing about your accomplishments.

Your Partners in Business Success and Sustainability,

Chris Lynch Director

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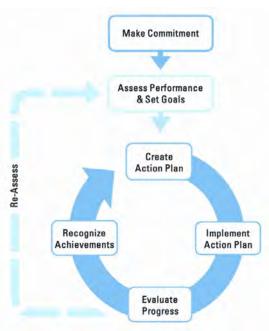
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# Introduction

Energy efficiency is the fastest, least expensive, and largest single solution for simultaneously saving energy and money, preventing GHG emissions, and saving water saves energy. Through the market-based, voluntary, ENERGY STAR program, the U.S. Environmental Protection Agency (EPA) is helping the commercial building sector improve energy efficiency where Americans worship, work, shop, play, and learn. These efforts have created jobs, saved money, and contributed to cleaner air and the protection of human health. These and future efficiency efforts are of critical importance, as commercial buildings are responsible for nearly 20 percent of all energy consumption in the U.S.

Energy is a controllable cost and every business has some degree of energy waste. Thousands of American building owners and operators use ENERGY STAR tools and resources to realize significant energy and dollar savings, while reducing GHG emissions. To help companies like yours, EPA developed this free, online "ENERGY STAR Action Workbook for Small Business". Following the guidelines and suggestions in the Workbook will not only help you save money but will also enable you to showcase an environmental commitment to staff and customers.

Small businesses come in a variety of sizes represented among America's industries. According to the U.S. Small Business Administration (SBA), 52% of small businesses are home-based. Others own or rent commercial building space. Whether you own your building, are a tenant, or work from home, you need lighting, heating, air



Guidelines for Energy Management

conditioning, power for equipment, and other energy services. A recent poll conducted by the <u>National Small Business Association (NSBA)</u> showed that 82% of small businesses surveyed have already taken one or more steps to reduce energy use.

No matter how far along you are in managing energy for your small business, the easy, simple ENERGY STAR approach can help you do more with your limited resources. To get on the path to savings, start by building your own energy plan. Use the seven steps of the ENERGY STAR Guidelines for Energy Management (Figure 1) in this Workbook to provide a strategic approach to improving your property's energy performance. The Guidelines are widely used and can help you build the most cost-effective and practical energy management system for a small enterprise.

Many small business owners do not have a lot of extra time and money for complex projects. This Workbook includes actions that will provide the greatest return on your time and expense investments. In fact, many require little or no investment at all. It is often the simple operation and maintenance improvements or behavioral changes that achieve some of the most significant savings.

This workbook also includes information on improving your property's water efficiency. Energy and water efficiency are closely tied together; efficient hot water use will decrease not only energy costs, but also water costs. As you move through this Workbook, you may want to consider water efficiency opportunities along with energy efficiency opportunities.

The Workbook Appendices highlighted throughout include more in-depth information on specific technical items as well as resources to help you look at savings opportunities throughout your property. They contain sector-specific guidance for automobile dealerships, home-based businesses, offices (including tenants), restaurants, grocery and convenience stores, small and medium manufacturers, and hotels/motels.

The ENERGY STAR Guidelines for Energy Management detailed in this workbook are summarized below. Let's get started!

#### **Step 1: Make a Commitment to Saving Energy**

Join ENERGY STAR as a partner and make a commitment to better cost management.

**Build an Energy Team.** One dedicated individual or a group—large or small—can succeed.

**Institute an Energy Policy** to provide the foundation for a successful program by setting performance goals and integrating energy management.

#### **Step 2: Assess Performance**

<u>Benchmark, and start saving now!</u> Track and analyze performance using EPA's free, online Portfolio Manager<sup>®</sup>. This tool can help you set energy, water and waste management savings goals, and document achievements. <u>Download the Portfolio Manager QuickStart guide</u> to get started.

Sign up for free ENERGY STAR training and find recorded webinars online.

**Conduct a walk-through survey** guided by "Sure Savers" to implement low- and no-cost, reliable, low-risk actions that your business can take any time.

#### **Step 3: Set Goals**

**Determine the scope of your goals;** you can focus on a single property, or even specific company equipment and/or a section of the property for your efficiency project. ENERGY STAR has guidance for tenants, as well.

**Set and prioritize goals**. Sample goals include 1) defined energy use reductions from baseline, 2) cost reductions, or 3) increased staff awareness of energy use and associated energy efficiency actions.

#### **Step 4: Create an Action Plan**

**Define targets and projects.** Use Portfolio Manager or audit reports to compare your baseline with the goals you set. The gaps between goals and your baseline can help identify projects.

**Determine roles and responsibilities** by identifying which steps of the action plan you will implement internally and for which you will need external help—such as contractors, consultants, utility representatives, etc.

**Find funding for your projects.** Take stock of your financial situation to understand how much you can invest in projects, including what is on hand, what could be raised quickly, and what could be found elsewhere. Check on utility financial incentives, and possible "shared savings" contracting.

#### **Step 5: Implement the Action Plan**

This is the time to hire a contractor if necessary, to negotiate based on competing bids, and name an employee or team to manage the projects. Portfolio Manager's powerful features can help you monitor progress, identify trends and generate standard or customer reports.

**Create a communication plan** to educate and motivate staff and customers regarding savings from efficiency and the benefits of proposed projects. Consider how best to reinvest your utility savings.

**Manage the action plan.** Establish a consistent method for tracking the progress of your projects and maintenance tasks to make savings a "business as usual" activity.

#### **Step 6: Evaluate Progress**

**Track progress**. Monitoring progress helps your business look toward the future, create new action plans, evaluate which elements of your plan worked and which didn't, and set new performance goals.

**Measure results and verify savings** through a formal review of utility use data and the activities carried out to implement projects. Did the projects implemented through your plan help meet goals?

**Review the action plan.** Which projects were most successful both in terms of business operations as well as saving money? What didn't work and what could have been done differently?

#### **Step 7: Recognize Achievements**

**Provide internal recognition** at regular intervals for everyone who helped the project succeed.

**Tell your story.** Share your success with your industry and community through traditional and social media.

**Initiate a friendly, local competition** using the <u>ENERGY STAR Guide to Energy Efficiency Competitions</u> or the <u>Treasure Hunt Resources</u>. Challenge your Chamber of Commerce to host a competition.

# Step 1. Make a Commitment

While the prospect of increasing the energy and water efficiency of your business may seem daunting at first, there are steps you can take to insulate your business against higher energy costs and reduce pollution. This Small Business Action Workbook will help you create an energy management program with simple, manageable steps your business can implement incrementally. No matter the size or type of business, the first step of successful energy management is to make a commitment to saving. Begin by joining ENERGY STAR. The ENERGY STAR logo is recognized by more than 90 percent of the American public—you can use it to show your employees, customers, and clients that you are committed to saving energy and to environmental leadership.

Businesses seeing the financial returns from superior energy management continuously strive to improve performance. Their success is based on regularly assessing energy performance and implementing steps to save money. This section will explain:

- Why energy efficiency is key to your business goals.
- How to form a dedicated energy team.
- How to implement an energy policy.

# 1.1 Why Energy Efficiency is Key to Your Business Goals

"Energy efficiency? I don't have the time!" you may think. But, did you know that small businesses can typically save as much money and prevent as much pollution, per square foot of their property, as large corporations? The savings you achieve through efficiency measures may very well "pay you back" for time invested. "I don't even own my building. What changes can I make and what impact will they have?" This workbook has information for tenants throughout. Whether your business owns its own property or is a tenant, you can assess savings associated with perspective upgrades by using ENERGY STAR tools and calculators.

# Good Earth Market, Billings, Mont: Efficiency on a Tight Budget

When the Good Earth Market, a local and organic foods cooperative, renovated their building (a former auto body shop), they utilized the existing space as much as possible. They spent money on new mechanical, electrical, and plumbing systems to make the space as efficient as possible, but salvaged shelves and cases from a derelict grocery store. As they find financing, the store incrementally improves the building envelope and is replacing the few remaining single pane windows with ENERGY STAR certified products.

# The Bottom Line: Money and Your Small Business

Energy management and the purchase of ENERGY STAR certified products can reduce energy costs without compromising customer satisfaction. The money saved on your utility bills can be redirected to other business initiatives. Also consider costs that can be avoided by extending the useful life of your property (or properties) and equipment.

#### The People: Employee and Customer Satisfaction

Sixty-eight percent of adults like to do business with companies that are environmentally responsible and more than 80 percent of workers are attracted by an employer with an environmental reputation. Both your employees and customers appreciate your business's environmental responsibility. As you will learn in this workbook, you can demonstrate environmental responsibility through energy and water management while simultaneously improving the overall comfort and appearance of your business. Your business can be a model of energy efficiency in your community.

#### The Environment

ENERGY STAR certified properties are responsible for 35% fewer greenhouse gas emissions than their peers. You can help reduce energy related pollution as you save money. Even if your property

has minimal square footage, you can still make a difference.

# AutoFair Companies, Manchester, N.H.: A Comprehensive Energy Program

AutoFair Companies, an automobile dealership group with four dealerships in New Hampshire, took the ENERGY STAR Challenge to reduce energy usage by ten percent annually. Their energy-efficiency program has continued to evolve and is overseen by the company's Green Committee which consists of representatives from each facility as well as the corporate CEO and CFO. Monthly meetings include project discussions, research review, vendor presentations, and review of cost-benefit analysis for all suggested projects. The result is a steady flow of projects that meet criteria for sustainable operation as well as for affordability and return-on-investment.

# 1.2 Form a Dedicated Energy Team

Your energy efficiency program should be tailored to your business's culture and resources. It is important to make the program your own by taking advantage of existing resources or individuals who may already be implementing efficiency efforts. Behind most successful programs lie a core team of dedicated individuals. For most small businesses, two to three people may be the team, while for larger businesses it could be five to ten people. A single individual may be the full "team" for a small, home-based business, and you may simply need to take advantage of those skills. If you are a "one-person shop", think about ways to make ENERGY STAR a part of your team by using free ENERGY STAR technical trainings, materials, and resources.

# Establish an Energy Team

People make decisions every day that affect energy use. The energy team executes energy management activities across different parts of your business and ensures integration with your business operations. In addition to planning and implementing specific projects, the team measures and tracks energy performance and communicates with management, employees, and other stakeholders.

Depending on the size of your business, consider including a representative from each operational area that significantly affects energy use or that highlights your business, such as Engineering, Information Technology (IT), Purchasing, Operations and Maintenance, Building/Facilities Management, Environmental Health and Safety, Contractors and Suppliers, and Marketing and Publicity.

#### Appoint an Energy Team Leader

Appointing an Energy Team Leader is a critical component of successful energy programs. The Energy Team Leader helps an organization achieve its goals by establishing energy performance as a core value. Specifically, the Energy Team Leader helps set goals, tracks progress, and promotes the energy management program.

The Energy Team Leader is not always an expert in energy, water, or technical systems. However, this person should understand (or be willing to learn) how energy management helps the organization achieve its financial and environmental goals and objectives. Depending on the size of your business, this can be a full-time position or in addition to other responsibilities. The Leader's duties can include:

- Coordinating and directing the overall energy program.
- Acting as the point of contact for senior management.
- Increasing the visibility of energy management within the organization.
- Drafting an Energy Policy.
- Assessing the potential value of improved energy management.
- Creating and leading the energy team.
- Securing enough resources to implement strategic energy management.
- Assuring accountability and commitment from core parts of the organization.
- Identifying opportunities for improvement and ensuring implementation (including staff training).
- Measuring, tracking, evaluating, and communicating results.
- Obtaining recognition for achievements.

# 1.3 Institute an Energy Policy

An energy policy provides the foundation for a successful program by setting performance goals and integrating energy management. It formalizes management support and articulates the organization's commitment to energy efficiency for employees, the community, and other stakeholders. Your energy policy should include:

- An objective. State a clear and measurable objective that reflects your business's commitment, culture, and priorities.
- A chain-of-command. Establish accountability and define roles in the organization; this will provide the authority for personnel to implement the energy management plan.
- Provisions for evaluating and updating the policy. Ensure continuous improvement and reflect changing needs and priorities.
- **Performance goals.** Provide a context for setting goals by linking energy goals to overall financial and environmental goals of the organization.

Highlight: Public Health Benefits per kWh of Energy Efficiency and Renewable Energy in the United States: A Technical Report

EPA has developed a set of values that help state and local government policymakers and other stakeholders estimate the monetized public health benefits of investments in energy efficiency and renewable energy (EE/RE) using methods consistent with those EPA uses for health benefits analyses at the federal level. EPA used a peer reviewed methodology and tools to develop a set of screening-level regional estimates of the dollar benefits per kilowatt-hour from four different types of EE/RE initiatives.

#### 1.4 Review: Make a Commitment

Step 1 gave you the tools you need to begin your energy management program. You learned how this program will benefit your business, how to create an energy team, and how to institute an energy policy. Now it's time to turn your knowledge into action. Use the review steps below to measure your progress towards completing Step 1.

- Join ENERGY STAR. This simple action takes a few minutes and sets you on your way with no obligation or cost. ENERGY STAR partners are plugged into the latest information on energy efficiency and have access to free technical support, case studies, and tools.
- Form your energy team: To establish your energy program, form a dedicated energy team that includes an Energy Team Leader; if you are a one-person team then identify a planned time each month to work on efficiency upgrades.
- 3. Institute an energy policy: Involve key people in policy development to formalize management support and articulate your business's commitment to energy efficiency that is understandable to employees and public alike.

# Step 2. Assess Performance

According to the Census Bureau, the smaller a company is, the more it pays per employee in utility costs. Understanding how your property is currently using energy will help determine where to focus your team's efforts. Think about your property. Do you know the last time routine maintenance was performed on your Heating, Ventilation, and Air Conditioning (HVAC) system? Do employees always turn off lights and equipment that are not in use? The answers to questions such as these should start to give you an idea of places where energy consumption can be reduced. Step 2 will show you:

- Why "benchmarking" is important.
- How to benchmark using the EPA's ENERGY STAR Portfolio Manager tool.
- The benefits of a technical walkthrough to identify Sure Savers.
- How to host an Energy Treasure Hunt.
- When to consider an energy and/or water audit.

# 2.1 Understand Benchmarking

A benchmark provides a baseline from which your core team can plan, manage, and track improvement projects toward success. You can't manage what you don't measure.



ENERGY STAR Portfolio Manager is a free online tool provided by EPA that you can use to benchmark the current energy and water use of your property. With Portfolio Manager, you can calculate your building's baseline energy and water consumption, track your building's energy and water use over time, track your waste, and see how your property compares to other similar buildings nationwide. Some small business types can receive a 1 – 100 ENERGY STAR score; even if you cannot receive a score, you will still be

able to see how your business compares to others with metrics such as Energy Use Intensity (EUI). Armed with this information, the core team will be able to help your business make informed decisions on energy-efficient investments and continue to keep them informed about your progress.

By entering details about the property and consumption data for energy and water you can:

- Assess whole building energy performance.
- Track changes in energy, water, waste, GHG emissions, and energy costs over time.
- Track green power purchases.
- Create custom project reports.
- Share data with others.

To benchmark your property, Portfolio Manager performs calculations with your utility data, and adjusts for the weather in your area and for some specifics about the property systems, equipment, size, and building use. The core team can then use this information to set goals for your building's energy efficiency.

By tracking utilities in Portfolio Manager, ENERGY STAR has found that buildings that start with a lower ENERGY STAR score/higher energy use can achieve the greatest savings by benchmarking. In fact, buildings starting with below average energy efficiency in 2008 (those with a score under 50) saved twice as much as those buildings that started above average. EPA prepared the <a href="DataTrends">DataTrends</a> series to examine energy and water benchmarking trends for the thousands of buildings in Portfolio Manager. <a href="Dozens of city and">Dozens of city and</a>

#### Why Is Reducing Waste Important?

Although this workbook focuses mainly on energy and water management, waste reduction can save you money and reduce your environmental impact. Tracking waste is an important step in reducing it. Here are some ways to cut down on waste:

- Don't print out a file unless it's necessary, and print double-sided if possible.
- Reuse file folders and envelopes by placing a new label over the old one.
- Bring a reusable water bottle and/or mug to work instead of using disposables.
- Bring your lunch to work in a reusable container.
- Recycle any paper, plastic, glass, aluminum, or other recyclable materials you use.

<u>state governments are also using Portfolio Manager</u> for voluntary competitions and for mandatory GHG emissions tracking.

### Benchmarking Steps

#### STEP 1 - GATHER DATA ABOUT YOUR PROPERTY

Before you can benchmark your property, you will need to gather information about your property and its energy and water consumption. <u>ENERGY STAR has an online data collection worksheet that highlights the type of data you need to benchmark your property</u>. A completed data collection worksheet will ensure you have all your information at hand when you set up your account. It is a good idea to nominate one member of your team to take the lead in setting up and managing the Portfolio Manager account (including data entry) to make sure there is a single point person for information management.

#### STEP 2 - SET UP YOUR PORTFOLIO MANAGER ACCOUNT

Once you have established an account and entered the information from your data collection worksheet, you will be able to generate custom reports, charts, and data sets that will help your core team analyze your property's energy and water consumption. For more detailed information, utilize <a href="ENERGY STAR Training resources">ENERGY STAR has Express Videos</a> which show users how to create a property, add meter data, share building data, and generate reports in five-minute animated demonstrations.

Ideally, you should update your energy and water use data every month to ensure progress reports remain current and relevant. Additionally, you can view your property performance results, including

annual energy use, water use, environmental performance, financial performance, GHG emissions, and track your waste. You can also compare performance during two different time periods.

In addition to displaying your property's performance results online, Portfolio Manager can adapt the data from your portfolio into ready-made reports. These reports can be useful for presenting project results to your energy team and employees, demonstrating the property's history of energy management to customers, and sharing your success with others.

#### STEP 3 - INTERPRET YOUR ENERGY STAR/EUI SCORE

Depending on your property type, you may be eligible to receive an ENERGY STAR score—and those properties that score at least a 75 on the 1 - 100ENERGY STAR score may be eligible for **ENERGY STAR** Certification. The ENERGY STAR score generated by Portfolio Manager shows you the energy efficiency of your property compared to your peers nationwide. You can then use this score to set goals for your property's energy efficiency, and work toward receiving recognition for improvements by qualifying for ENERGY STAR certification. Earning the ENERGY STAR indicates that your property is among the most efficient of its type in the U.S. However, even if your property type is not eligible now to receive the ENERGY STAR, you can realize and accurately track significant savings using Portfolio Manager. For example, just achieving a 20% improvement can provide substantial savings.

### Helping to Benchmark and Offer Support: Bartlett Area Chamber of Commerce TGZ, Bartlett, Tenn.

What is TGZ? Team Green Zone (TGZ) is a project of the Bartlett Area Chamber of Commerce. TGZ helps local businesses become more energy efficient working with them to create an energy baseline through entering their data into Portfolio Manager. Once a property has a baseline, TGZ sets goals and implements measures to decrease operational costs and increase energy efficiency. TGZ works with each client to create an action plan and helps them choose a contractor to perform the upgrades, if necessary.

# 2.2 Conduct a Technical Walkthrough and Implement Sure Savers

Now that you have a better understanding of your energy use, it's time to walk through your property. There are many reliable, low-risk actions that your team and employees can take—called Sure Savers; most are low- and no-cost opportunities to increase your energy (and often water) efficiency. This section includes the following subsections that describe the types of Sure Savers you may consider for your property:

- Lighting
- Windows and Walls (Building Envelope)
- Office Equipment
- Kitchen and Food Service Equipment
- HVAC
- Water

Although most of the recommendations presented in in this section are low- or no-cost, some may require additional analysis to determine if they make financial sense for your business. You may consider obtaining a professional energy audit to identify further areas that can be improved.

The type of business you run will dictate what equipment and appliances you use most and how much energy you use. Figure 2, below, illustrates the differing energy demands of small businesses. This chart is based on Energy Use Intensity (EUI) of some common small business types. As you can see, the EUI is highest for those properties that rely on equipment for food service.

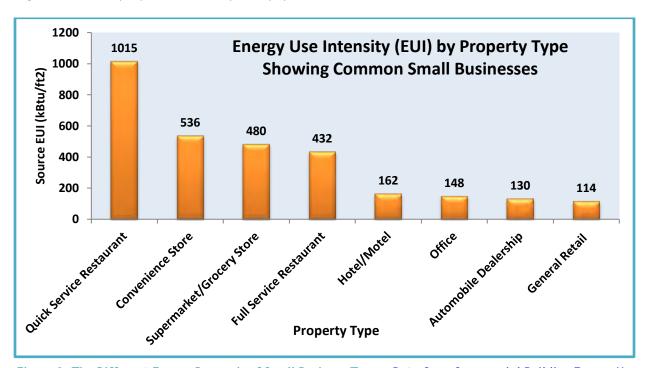


Figure 2. The Different Energy Demands of Small Business Types; <u>Data from Commercial Building Energy Use Survey (CBECS 2013)</u>

#### **SURE SAVERS: LIGHTING**

Some small businesses—such as retail stores and offices—rely heavily on lighting, which may be your business's largest energy expenditure. In today's market, new energy-efficient, long-life bulbs offer many features at affordable prices. This diversity provides multiple options for currently installed lighting equipment; replacement of outdated bulbs represents energy saving opportunities. You can achieve energy savings in your lighting system through two main pathways—installing more efficient equipment (bulbs and/or fixtures) and changing the way you operate lighting. *Appendix B.1: Lighting*, provides more information on each of the following guidelines suggestions:

- Replace incandescent bulbs with ENERGY STAR certified LEDs.
- Turn off lights (and other equipment) when not in use.
- Ensure that appropriate lighting levels are maintained. Too much light can be as bad as too little.
- Upgrade older T12 fluorescent bulbs with magnetic ballasts to more efficient T8 or T5 fluorescent bulbs with solid-state electronic ballasts.

- Ensure that LED retrofit kits are safe for use.
- Install LED exit signs.
- Install occupancy/vacancy sensors.
- Install daylight-responsive lighting controls.

# SURE SAVERS: WINDOWS AND WALLS (BUILDING ENVELOPE)

Your property's building "envelope" or "shell" includes windows, walls, a roof, and insulation. Addressing leaks that allow unwanted air infiltration into the building envelope can often eliminate a major energy drain. Outside air can enter a building through a variety of places, most commonly the windows, doors (as an example, air infiltration through open bay doors is a large concern for automobile dealerships), walls, and roof. At the same time, cooled or heated air will be lost. Fresh outdoor air in the building is good, but only as controlled ventilation, not as accidental infiltration. Investigate the following options to improve your building envelope, then review Appendix B.2: Building Envelope Assessment Guidance for more

Cormack Construction Management (CCM), N.H.: Big Savings with Small Changes

When CCM Environmental Coordinator Colleen Cormack analyzed their office space for energy efficiency opportunities, she found an obvious first step—lighting. The lights were turned on in all areas of the wood shop when the first employee arrived and kept on until the last employee left. CCM management upgraded light bulbs and changed lighting behavior; this simple step yielded great results: a 44% reduction in electrical usage at the wood shop.

information. If you find leaks that are easy to fix, utilize the <u>ENERGY STAR resources on Sealing and Insulating</u>.

- Check for leaks throughout the property.
- Check exterior walls for leaking and proper insulation.
- Check your roof and attic spaces to ensure the roof is in good condition and the attic is properly insulated; consider investing in a "green roof" or "cool roof".
- Check the condition of and replace windows and window shadings, if needed.
- Minimize unconditioned air flow through doors.

#### **SURE SAVERS: OFFICE EQUIPMENT**

Office equipment presents an often-overlooked opportunity for significant energy and cost savings. As you look to replacing existing products or purchasing new products, use ENERGY STAR certified products to reduce energy costs without compromising quality. ENERGY STAR has resources on how to modify procurement language, educate vendors and personnel, choose ENERGY STAR products to purchase, and estimate the potential money and energy savings from purchasing ENERGY STAR products.



The ENERGY STAR mark indicates the most efficient computers, printers, copiers, televisions, windows, thermostats, ceiling fans, and other appliances and equipment. Evaluating your office equipment use will help your business realize energy and monetary savings. More information can be found in *Appendix B.3: Office Equipment Guidance* and *Appendix I: Offices*.

- Always buy <u>ENERGY STAR certified products for your business</u>.
- Use power management features. Place computers (CPU, hard drive, etc.) into a low-power "sleep mode" after a designated period of inactivity.
- Replace cathode ray tube (CRT) monitors with ENERGY STAR certified monitors.
- Utilize smart power strips.
- Develop an education and/or training program to encourage energy conservation.
- Print double sided pages; much more energy is used in the manufacturing and distributing of paper than the actual printing at your office.

#### SURE SAVERS: KITCHEN AND FOOD SERVICE EQUIPMENT

Restaurants use five to seven times more energy per square foot compared to other commercial buildings, such as office buildings and retail stores. High-volume quick-service restaurants may even use up to ten times more energy per square foot than other commercial buildings, so efficient food service equipment and good management practice are crucial to savings. Many other types of small businesses have kitchen areas where staff can prepare coffee, lunch, snacks, or dinner. Microwave ovens, coffee machines, stoves, and refrigerators are common in these areas and are important to consider when looking at overall energy use. See *Appendix B.4*: *Kitchen and Food Service Equipment*, for more information on general food service equipment, and *Appendix F* for equipment specific to restaurants.

### Purchase <u>ENERGY STAR certified commercial food</u> <u>service equipment</u>.

### Charlestown Wine and Spirits, Charlestown, R.I.: Internal and External Efficiencies

Charlestown Wine and Spirits has a building envelope made of Climate-Block expanded polystyrene panels that eliminate thermal bridging and installed a geothermal system to heat and cool the store—including beer coolers—by using the earth as its principle energy source. In addition to the building innovations, they have included non-invasive native landscaping, permeable paving stones, and dark-sky compliant lighting to contribute to low-impact development outdoors at their property.

- Purchase ENERGY STAR certified kitchen appliances such as <u>refrigerators</u>, <u>dishwashers</u>, <u>vending</u> <u>machines</u>, and <u>water coolers</u> for your office.
- Check refrigerators for leaks and to see if a newer, more efficient model is available.
- Have walk-in refrigeration systems serviced at least annually.
- Use multiple refrigerators only when necessary.
- Turn off appliances (such as the coffee maker) when not in use.

#### **SURE SAVERS: HVAC**

HVAC systems represent a significant portion of the utility bills for small businesses; in fact, small- and medium-sized businesses (depending on the type) typically spend the bulk of their energy budget on HVAC. It is important to <u>control and monitor your energy use</u> to reach optimal energy efficiency and maximum savings. Review the following items to consider each HVAC suggestion as it may apply to your property, then see *Appendix B.5: Heating, Ventilation, and Air Conditioning (HVAC)*, for more information.

- Keep windows and exterior doors closed while running the HVAC.
- Install a <u>programmable thermostat</u> to control the HVAC system.
- Check the accuracy of the thermostats.
- Change the filters monthly during "high use" seasons.
- Clean heating and cooling coils twice a year.
- Clear any clutter that is blocking vents or air intakes.
- Use fans when a room/area is occupied.
- Tune-up the HVAC system with an annual maintenance contract.

#### SURE SAVERS: WATER—HOT AND COLD

Energy and water efficiency are closely tied together. In most cases, electricity or natural gas is used to heat water, and this costs money. The more heated water your business consumes, the more you can save by optimizing water use. Additionally, treating and pumping water and wastewater may well be the number one use of electricity by your municipality. You can save water, energy, and money with the EPA's WaterSense



program. The EPA created WaterSense to help American consumers and businesses use water more efficiently. Reducing water use lowers the costs associated with operating and maintaining equipment, as well as the energy needed to heat, treat, store, and deliver water throughout the property. WaterSense promotes water-efficient products and practices to help commercial and institutional facilities save water, energy, and operating costs. More information on the recommended actions below is available in *Appendix B.6: WaterSense and Water Guidance*.

- Conduct a water assessment to identify major water uses within the property.
- Purchase WaterSense certified products when replacing fixtures such as <u>faucets</u>, <u>showerheads</u>, toilets, and <u>urinals</u>.
- Purchase an <u>ENERGY STAR certified water heater</u> when buying a new water heater.
- Insulate water heaters.
- Find and fix leaks.
- Set water temperatures only as hot as needed.

- Optimize the amount of water used in heating and cooling systems.
- Practice water-efficient landscaping.

#### 2.3 Host a Treasure Hunt



In addition to walking through your property to identify Sure Savers, you may want to consider hosting an <a href="Energy Treasure Hunt">Energy Treasure Hunt</a> at your business where teams walk around a building looking for quick ways to save energy which can add up to big savings. Hundreds of organizations have used Energy Treasure Hunts to reduce their facilities' energy use by 7 to 15 percent. Treasure Hunts focus on quick fixes with a short payback period. Many improvements can be made immediately and without significant expenditures or capital investments. These events can strike a positive, optimistic tone, focusing on outcomes and improving day-to-day operations—and can involve a large team to motivate and educate employees. ENERGY STAR has created a <a href="Commercial Buildings Treasure Hunt guide">Commercial Buildings Treasure Hunt guide</a> (with maps for specific property types) to walk you through the basics of planning and implementing a 1 – 2 day Treasure Hunt.

#### 2.4 Consider an Audit

After you and your team have gone through the Sure Savers and potentially conducted an Energy Treasure Hunt, an audit can help identify additional specific areas for improvement. An audit is basically a survey of your property's energy and water use and is typically conducted by a professional. It includes specific energy and water consuming items, rates of consumption, and costs. If you are interested in both an energy and a water audit, you may need to conduct two separate audits, however some auditors may be able to do both. For more information on energy audits, including the types of audits available, how to decide when one may be needed, and information on managing the process, see *Appendix C: Energy Audits and Professional Assistance*.

There are different types of audits that can highlight energy use at your property in different levels of detail, from "walk through" to "investment grade". Depending on your business's expertise and the level Full Spectrum Solar; Madison, Wis.: Using Energy Efficiency and Solar Products to Create a Zero-Energy-Cost Facility

In addition to operating a zero-energy-cost facility with solar panels, Full Spectrum Solar, a contracting office and warehouse, achieved an ENERGY STAR score of 100 by reducing their energy use through building envelope redesign, updating all the mechanical systems in the building, and careful use of energy throughout. The building incorporates daylighting to reduce the need for artificial lights; during the extensive renovations they constructed well-insulated walls and ceilings, installed LED lighting, and high efficiency heating, ventilation, and air conditioning equipment—including a boiler for heating.

of detail you desire, your current staff or a member of your core energy team could perform an audit. In other cases, your business may need to hire a professional auditor. Usually professional audits make sense for larger properties with longer operating hours and more complex systems. For larger or more complex properties, an audit can identify ways to enhance the energy efficiency of current equipment, in addition to technically viable and cost-effective investment projects that will reduce property energy use and operating costs.

Ask your utility and your state energy office if they offer free or low-cost energy audits, financial incentives, or other technical support. See if there is an ENERGY STAR Service and Product Provider (SPP) in your area by visiting the <u>ENERGY STAR SPP Directory</u>. If your business belongs to a professional organization, contact them as well to see if they have a recommended list of auditors who have expertise with your property type. You may also have skilled or professional members of your business who can help with the audit and may be willing to do it free of charge. Some things to consider when looking at an audit include:

- Sometimes the full cost of a professional investment grade audit will be free if you agree to implement the auditor's recommendations.
- Another variation is called shared savings, in which there is no initial cost with the new equipment paid at a pre-agreed rate from monthly savings.
- If affordable professional services are not available, you can still achieve big savings with free <a href="ENERGY STAR">ENERGY STAR tools, training, and technical support</a>.

#### 2.5 Review: Assess Performance

Step 2 gave you the tools and ideas you need to assess your property's energy and water performance. You learned how to benchmark your property's energy and water consumption using the ENERGY STAR Portfolio Manager tool and walk through your property to identify Sure Savers. You can use the review list below to measure your progress towards completing Step 2.

- 1. Gather and track data: <u>Use Portfolio Manager to benchmark</u> your business's energy and water consumption by entering a year's worth of utility data.
- 2. Analyze your data: Accurately assess your property's current energy and water use, track it over time, and compare your energy consumption to that of like properties with Portfolio Manager.
- 3. Conduct a walk-through survey: Walk through your property to identify and implement Sure Savers.
- 4. Host an Energy Treasure Hunt: Involve your team in finding more opportunities to save energy.
- 5. Consider an audit: Determine if a professional audit would be beneficial, and if so, choose the type of audit you'd like and find funding to cover its expense.

# Step 3. Set Goals

By this point you've created an energy team, become more familiar with your property's energy consumption, benchmarked your property using Portfolio Manager, and identified Sure Savers. Now it's time to evaluate your priorities and set goals. For a small business, performance goals are critical for understanding intended results, developing effective strategies, and reaping financial gains.

When setting goals, it is important to start by identifying the scope of the goal, especially to determine if it is organization-wide or specific to one aspect of the property. Your team should look at short- and long-term goals to see what work is most feasible at different time periods. Communicating and posting goals can also motivate the efforts of staff throughout your business.

Step 3 will walk you through:

- How to identify the scope of your energy program goals.
- The steps of setting goals.
- How to prioritize goals.

# 3.1 Determine the Scope of Your Goals

The size of your organization and time periods necessary for the completion of each goal can help you determine the scope of your goals. For most small businesses, the goals will focus on a single property;

you can even set goals for a section of the property if that provides a better fit. What is most important is that the goals you set match your needs.

Some helpful methods to determine the savings potential associated with a goal may include:

- Benchmarking. Benchmark the energy use of your property to provide a yard stick for evaluating opportunity when enough data is available to show trends in energy use—this can be of use for both short-term and longer-term goals. Portfolio Manager includes sections specifically for planning and goal setting.
- Evaluating past projects and best practices. Evaluate past projects and best practices over time to see what works for your property and organizational culture.
- Reviewing technical assessments and audits (if applicable). Identify the opportunities to reduce
  energy use identified during walkthroughs and audits of your property to serve as a basis for
  potential improvement.
- Comparing goals of similar small businesses. Review performance goals of other businesses. This can help to guide and inform you of the potential for your own business. If you have colleagues who are undertaking similar work, see if they will share their goals and any lessons learned from their own projects. Your utility may be able to provide you with case studies as well.
- Ask your peers. Reach out to your colleagues at the Chamber of Commerce, business franchisees, or at business and professional meetings to see if they have experience to share.

#### 3.2 Set Goals

Once your energy team has set the scope of your goals and estimated the potential for improvement, you can put them into writing. Some examples of specific energy management goals include:

- Defined energy (and water) use reduction. Goals are presented in terms of a specific quantity or percentage decrease in use, such as a 10 percent reduction measured in Portfolio Manager.
- Cost reduction. A savings of a certain percentage on utility bills. Note that this goal is easier to
  measure on an annual basis due to changing energy use over the course of the year. Portfolio
  Manager uses weather-normalized data which ensures accurate reports.
- Increased staff and customer awareness of energy and water efficiency. This can be through educational campaigns within your business or marketing to your customers.

#### 3.3 Prioritize Your Goals

Once your team has set goals, you will need to prioritize them. You should include the managers and staff at your business throughout this process to evaluate how well the proposed project aligns with your business's priorities and how far it moves the team toward accomplishing its goals. Prioritizing your goals can also help your team determine what may be feasibly accomplished in a specific time—such as over the next year versus over the next five years.

Another important thing to consider when setting goals is cost. ENERGY STAR can help guide your financial decisions, calculate the cost of delay, and help you meet your performance goals through the

<u>Cash Flow Opportunity (CFO) Calculator</u>. Additionally, you can use the <u>ENERGY STAR Building Upgrade</u> <u>Value Calculator (BUVC)</u> to analyze the financial value of efficiency-related capital investments. Finally, <u>ENERGY STAR also has online savings calculators for ENERGY STAR certified products</u>.

#### 3.4 Review: Set Goals

Step 3 walked you through the process of setting goals for your program prior to creating an action plan. These goals will be overall markers for achievement and by creating an action plan in the next step, you can choose specific projects to support these goals. Measure your progress towards completing Step 3.

- Determine scope: Your energy team can consider the scope of overall program goals you would like
  to set. It is important for your team to sit down with other decision makers and evaluate how well
  the goals align with your business's priorities.
- 2. Set goals: Work within your business to determine which goals will best meet your needs.
- **3. Prioritize project goals:** Rank which goals are most important for initial implementation compared to potentially longer-term goals.
- **4.** Think big: Consider an "aspirational goal" such as being able to communicate a message to customers a year from now: Doing our part for environmental protection through 25% energy and water reductions and emissions savings.

# Step 4. Create an Action Plan

Once your team has assessed the current energy use of your property by benchmarking in Portfolio Manager, walked through the building and implemented Sure Savers, and has set goals for improved efficiency, it is time to create an action plan to help meet your goals. This plan should outline selected projects and activities ready for implementation. Be sure to update your action plan regularly to highlight achievements, changes to the property, and/or shifting priorities and goals.

Include the different sectors of your business when creating this plan to take all perspectives into account. This will help with employee buy-in and most likely improve the implementation process if your staff has played a role in plan development. If you have a home-based business with no employees, focus on the technical and resource aspects of plan creation rather than the roles and responsibilities. Alternatively, projects at larger businesses may require a clear definition of roles and responsibilities across different business groups.

Step 4 defines the three key activities in creating an action plan:

- How to define projects.
- What to consider when you determine roles and resources.
- How to find funding for planned work.

# 4.1 Define Projects and Timelines for Implementation

Based on the work accomplished in Steps 1-3, you should have a clear picture of the energy and water use as well as the requirements of your property. You know which systems or appliances are in good condition and which may need replacement soon. Choosing projects and defining the steps to accomplish them will help you clarify a plan. First, look at reports from Portfolio Manager or any audits and see how your energy benchmark compares with the goals you have set for your property. Based on the gaps between your goals and your current situation, you can then identify what you need to do to meet your goals. This may be as easy as switching from incandescent light bulbs to LEDs, or a more complex project like replacing your heating system.

Once the steps for each project have been defined, you can now set timelines for project implementation. Creating concrete timelines (sometimes referred to as targets) allows you to have a clear idea of when accomplish a specific section of the action plan. The timelines should include milestones, so it is clear when certain projects need to be complete. Establishing a tracking system to monitor the progress of your projects helps you meet your targets.

### 4.2 Determine Roles and Responsibilities

For larger teams, you should ensure that everyone is clear on what aspects of the action plan they should focus on and at what level. Depending on the size and structure of your business, your action plan may involve the Facility/Operations Manager, the Maintenance Department, Human Resources, IT, Purchasing, the Marketing/Communications Manager and/or the landlord, to ensure all sectors of your property and business are covered. For example, the Maintenance Department can provide information on the physical structure and appliances, while the Communications Manager can assist with a roll-out plan to inform your customers and staff of your progress.

If you have a smaller business, your action plan implementation team may be just you and one other employee, or you alone. It is important to identify which steps of the action plan you implement internally and for which you will need external help—such as contractors, consultants, utility representative, etc.

#### 4.3 Determine Resources and Find Funds

After you and your energy team determine which projects to undertake in the action plan and the order in which to implement them, you can estimate the cost for each item (both in terms of capital outlay as well as human resources), and then look at how best to fund those projects. This is a key component of any energy action plan. Knowing what funding is currently on hand, what could be raised quickly, and what could potentially be found elsewhere is important when deciding which projects are feasible and when to do them. It is a good practice to look at how funding availability fits into your business's overall property management plan.

If your team is focusing on smaller scale energy efficiency upgrades, you may be able to use funding from the general operations and maintenance budget, from funds already saved through efficiency, or from small fundraising projects. For projects that may require a larger investment, there are many

### Winneshiek Energy District, Iowa: Improving Energy Efficiency Through Audits and Cost Sharing

The Winneshiek Energy District in NE Iowa was formed to create a locally led energy delivery system that helps and inspires people to make easy, costeffective behavioral changes. The aim of the District is to reduce greenhouse gases, improve local economies, and create sustainable energy societies. Founded in 2010, the Winneshiek Energy District provides in-depth audits to businesses and homes and then performs extensive follow-through and cost-share for making energy improvements. They also use **ENERGY STAR tools such as Portfolio** Manager to track energy use and publications to educate constituents.

traditional and nontraditional financial resources available. It is important for your team's financial representative to look closely at the best investments for your business over time. For more information on the different ways to finance upgrades, see *Appendix D: Project Financing*.

### 4.4 Review: Create an Action Plan

Step 4 gave you information to help you complete the tasks below—use this list to measure your progress towards completing Step 4.

- 1. **Define technical steps and targets:** Based on your energy assessments, select projects to meet program goals and set targets for completion.
- **2. Determine roles and responsibilities:** Once your targets are set, identify who is responsible for implementation for those projects.
- 3. Determine if projects require funding and how best to secure it: Cost-effective funding is key to a good return-on-investment. Savings from Sure Savers may fund some projects, while others may require more significant capital investment.

# Step 5. Implement the Action Plan

Having a regularly updated plan in place to manage your projects and track progress will help your team stay organized. In your tracking system, you should record not only the human, financial, and physical resources committed to projects that are currently being implemented, but also routine maintenance activities for existing infrastructure. Keeping track of what's happening with both new and existing infrastructure and equipment will ensure that your business gets the most value out of the resources you have invested in your property.

The size and complexity of the projects your business undertakes will most likely be the main factor in deciding who will manage the project implementation. For something as simple as replacing HVAC filters or replacing incandescent lamps with LEDs, team members could complete the work. Depending on the skills of your team members, installing caulking and weather-stripping, ceiling fans, lighting occupancy sensors, LED exit signs, and programmable thermostats may be "do-it-yourself" projects not requiring outside help.

A more complex project, however, such as designing and replacing your property's entire lighting system,

### The Lennox Hotel, Boston, Mass; Achieving Significant Energy Reductions Through Working with Staff

This ENERGY STAR certified city center hotel is recognized as an industry leader with comprehensive environmental initiatives. To undertake this work, the hotel employs an Environmental Coordinator who is extensively educated on environmental issues and works with managers and employees to ensure that their daily business practices are as efficient as possible.

will most likely require the help of someone who has experience managing that type of project, such as an energy services company (ESCO) or a private energy contractor. In these cases, your team should keep a record of the contractor's progress, and periodically review how their progress compares to the tentative schedule in the contract. For more information on issuing a Request for Proposal, choosing a contractor, negotiating bids, and working with contractors, see *Appendix E*.

As you work to implement the action plan, communication and awareness is very important. Step 5 will explain:

- How to create a communications plan.
- Why you should raise awareness of your action plan.
- How to effectively manage projects and keep them on time and on budget.

#### 5.1 Create a Communication Plan

Although your team may be ready to move forward with project implementation, it is important to create awareness, educate, and motivate your staff regarding energy and water efficiency and the benefits of the proposed projects. This will help them understand the goals of each project and give them notice of possible changes to the property. The communications plan does not need to be

complex—it could even be a one-page plan—but should keep everyone in your business up to date on what the team has done, where projects currently stand, and what still needs to be accomplished. It is helpful to provide timelines and other visual highlights of project milestones, planned deliverables, and progress. The <a href="ENERGY STAR Communications Toolkit">ENERGY STAR Communications Toolkit</a> includes many resources that can help you create and implement a communication plan.

#### 5.2 Raise Awareness of the Action Plan

The implementation of energy efficient practices and policies should involve individuals at all levels of your business. Effective programs make employees, managers, and other key stakeholders aware of energy performance goals, the projects undertaken to reach those goals, as well as roles in project implementation.

Making people aware of how their everyday actions and activities at home and at work affect energy and water use and impact the environment is a key step to implementing your action plan. Increasing overall awareness can be an effective way to gain greater support for your business's energy program and its goals. Additionally, staff members or even managers at your business, may have a limited understanding of energy generation as well as energy and water use and their impact on the organization and environment. Targeted efforts designed to increase awareness of program goals can help build support for each project. Staff members who are not directly involved with the costs of their business's energy and water use may not be aware of how these costs affect the bottom line. Making managers aware of these impacts is key to building support.

By investing time in <u>ENERGY STAR free training and educational content</u>, you can better implement your action plan to increase your overall organizational capacity. Many businesses find that informed employees are more likely to contribute ideas, operate equipment properly, and follow procedures, helping to guarantee that capital investments in energy and water improvements will pay off.

# 5.3 Manage the Plan-Implement Efficiency Projects

If you or other members of your business are implementing the projects to meet defined goals, your management of those tasks will consist of recording resources and deadlines, as opposed to micromanaging the project. Some projects may be grouped together to make them easier to accomplish, while others may be larger stand-alone work. To best manage the project(s), make sure to keep track of:

- Who is responsible for implementing each project?
- Where (and in how many places) on your property the project upgrades should be implemented.
- What your energy use benchmark was pre-project and how it has improved by using the ENERGY STAR Portfolio Manager tool.
- What financial resources are devoted to each project and how they are being spent.
- When the project will be completed.

How to best motivate your staff to initially engage them and keep them involved throughout the
project(s). This can be internal competitions, recognition, financial bonuses/prizes, or overall
messaging on the financial and environmental benefits of this work.

Where you choose to store this information is up to you and your team; however, you should make sure that the project records are kept together to avoid fragmenting your knowledge of the progress made in your property's efficiency improvements.

As you continue to invest in efficiency projects, the maintenance required at your business's property will also continue. All equipment—even new energy efficient equipment—will need regular maintenance to perform at peak levels and to achieve optimal equipment life. Managing your property's maintenance is an important part of making sure that the project upgrades continue to benefit the property. Keep consolidated and well-organized records of the maintenance tasks for your property, the dates by which they must be performed, and verification that they were performed by those dates.

### 5.4 Review: Implement the Action Plan

In Step 5 you focused on implementing the action plan—both by selecting projects to meet goals and by communicating the work to your staff. Use the checklist below to measure your progress:

- 1. Create a communication plan: Use freely available ENERGY STAR information, tools, calculators, and materials to enhance your ability to "do it yourself" using onsite time and talents, and to help the staff understand when professional assistance is necessary.
- Raise awareness of the action plan: Educate your staff on energy efficiency measures and practices for your property.
- **3.** Manage your action plan: Establish a consistent method for tracking the progress of your projects and maintenance tasks.
- 4. If larger improvements are needed, select a contractor and negotiate a contract: Select a contractor with whom your business will be able to cooperate, and negotiate a contract that cost-effectively implements your projects. This is the time to hire a contractor if it is deemed necessary, negotiate based on competing bids.

# Step 6. Evaluate Progress

After you have implemented projects, it is important to evaluate their progress through a formal review of both energy and water use data as well as the activities carried out as they compare to your performance goals. Monitoring progress can help your business look toward the future and create new action plans, evaluate which elements of your action plan worked and which didn't, and set new performance goals for your program. Custom reporting features in Portfolio Manager can help monitor progress of projects and goals, provide a clear picture of where your property is in relation to those goals, and set new performance goals. Step 6 describes:

- How to track your progress.
- Why and how to measure the results of your work.
- When to review and modify your action plan.

# 6.1 Track Progress

It is good practice to continuously assess performance as your property implements projects. Update Portfolio Manager each month to track changes in your property's energy and water consumption, cost savings and, correspondingly, GHG emissions reductions. Has your business met program goals? In addition, talk to your staff and customers about energy and water issues to see if they have noticed any changes in comfort, aesthetics, or usability due to project upgrades and see what feedback and ideas they may have for future projects. This can also help highlight which projects provided the biggest impact not only on your bottom line, but also for employee and customer satisfaction.

### The Burlington Banking Center—A Comprehensive Approach to Efficiency, Burlington, Mass.

The Burlington Banking Center has been awarded the ENERGY STAR for eleven years. They have followed a multi-pronged approach to optimizing building efficiency. When the old lighting system was causing employee complaints about glare and visual discomfort, the center installed new fixtures that both save energy and provide better lighting. This constant facility review and feedback combined with employee education, contests, and rewards, makes energy efficiency a key component of each employee's workday. The result has been a 19-percent reduction in energy usage over 5 years.

# 6.2 Measure Results and Verify Savings

As you implement each project in your action plan, it is good practice to incorporate a means to measure and verify the savings. Once a project is complete, your team can conduct measurement and verification, which includes a formal review of use data and the activities carried out to implement the project. Did projects help meet program goals? The results of this analysis will provide feedback on how new equipment is operating, the return on investment, and what new program goals can be set. The results may also highlight areas where further investment is warranted. Portfolio Manager is designed to make this type of analysis easy and effective.

#### How to Measure and Verify Savings

To measure how much energy and water your project has saved, you will need your Portfolio Manager energy and water consumption data pre-upgrade. Portfolio Manager can run different reports based on the project information entered, such as the amount of energy and water saved, reduced GHG emissions, dollars saved, and others. Your team can also generate a Statement of Energy Performance (SEP) report from the tool at any time. The SEP report communicates information about your property's energy performance that is concise and clear.

#### 6.3 Review the Action Plan

After reviewing your results and overall performance data, it is wise to then look at what factors affected these results and the effectiveness of your action plan. Which projects were most successful both in terms of business operations as well as saving energy? Which ones were poorly received by staff and/or did not result in measurable savings? Some helpful steps in reviewing your action plan may include:

- Getting feedback from the energy team, staff, and customers.
- Gauging awareness to assess changes in employee understanding of energy issues.
- Quantifying the side benefits of your work including increased employee comfort, productivity improvement, impact on sales, and better public relations.

Taking the time to review the action plan and then taking steps to improve it can yield strong results for future initiatives at your property.

# 6.4 Review: Evaluate Progress

In Step 6 you reviewed the importance of project evaluation through tracking progress, measuring and verifying savings, and reviewing your action plan. It is important to understand the outcome of your team's labor to ensure that you are making the most of your investment. You can use the checklist below to measure your progress towards completing Step 6.

- 1. Track progress: Observe the benefits of your investments. Have discussions with your staff on how the improvements are affecting property comfort and usability in addition to the savings and emissions reductions.
- 2. Measure and verify your savings: Generate reports within Portfolio Manager and use the tool to assess the effect of the project on your property's energy and water consumption over time and to help you plan continuing improvement.
- 3. Review your action plan: Go through what worked and what didn't work so you can better plan your next project. Solicit feedback from staff and customers to get a fuller picture of the project.

# Step 7. Recognize Achievements

After your team has completed Steps 1-6, you may think you're finished with the process of improving your property's efficiency. Indeed, most of the hard work is done! All that is left to do is to receive appreciation and recognition for your team's efforts and encourage others to practice energy and water efficiency with your story.

Providing and seeking recognition for your achievements sustains momentum and supports your efficiency program; this includes acknowledging the individuals who helped your business achieve these results. Recognition can motivate employees and bring positive exposure to your energy and water management program. You and everyone who is part of your success can congratulate each other publically through reciprocal promotion. Recognition from outside sources validates the importance of your work to both internal and external stakeholders, and provides positive exposure for the organization as a whole.

Step 7 provides guidance on:

- How to recognize achievements internally.
- How to solicit external recognition for your business.

# 7.1 Provide Internal Recognition

Recognizing the accomplishments of the energy team as well as the employees in your organization sustains momentum for your efficiency program. Rewarding particular efforts defines what constitutes success and motivates your employees through increased job satisfaction. In order to provide recognition, first determine recognition levels, then establish recognition criteria, and determine recognition.

### **Determine Recognition Levels**

The decision about who should receive recognition in your organization will likely be shaped by the purpose for providing recognition and your organizational culture. Common recognition levels include:

 Individual. Acknowledge the contributions and accomplishments of specific people or everyone who contributed to your success.

### Shari's Café and Pies, Pacific NW: Highlighting Success through Recognition

Shari's Café and Pies is a restaurant chain in the Pacific NW with many locations. To increase participation in their energy efficiency programs, Shari's focuses on both internal and external recognition. Internally, they distribute a bimonthly newsletter to managers and employees spotlighting locations that exceeded expectations for energy or water reduction. Shari's has been recognized externally at both the local and national level for the energy and water efficiency programs implemented in their restaurants. They were awarded the Oregon Sustainability Award for 2013, were named the City of Richland's 2013 Green Business of the Year, and the Portland Business Journal honored Shari's with the BetterBricks Award—the first restaurant to win this title.

- Team. Recognize the achievements of your energy team.
- Department. If your business is larger, you can reward the performance of a specific department.

#### Establish Recognition Criteria

Create criteria for recognition and communicate these criteria and any process eligibility requirements. Recognition criteria might include achievements such as: 1) offered the best energy and/or water savings ideas; 2) achieved the greatest energy/water use reduction; and 3) increased savings by a certain amount.

#### Determine Recognition Type

There are a variety of ways to provide recognition and rewards. Forms of recognition can range from formal acknowledgements and certificates, to salary increases and cash bonuses, to simple forms of appreciation such as coffee mugs. You may consider:

- Asking the owner or a senior manager to provide the recognition.
- Using a formal means for providing recognition, such as an award ceremony.
- Using progress evaluations to inform the recognition process.

# 7.2 Receive External Recognition

Good work deserves to be acknowledged. Recognition from a third party provides validation for your business's energy and water management program. Not only does it provide satisfaction to those involved in earning the recognition, but it can also enhance your business's public image. A solid reputation contributes to your competitive advantage by making your business more attractive to customers, current and potential employees, lenders, business partners, and other stakeholders.

You can communicate your success story through local advertising, Facebook, YouTube, Twitter, and other social media. To develop a communications plan, review the <a href="ENERGY STAR Resource on Planning a Communications Strategy">ENERGY STAR Resource on Planning a Communications Strategy</a> and/or the <a href="ENERGY STAR Communications Toolkit">ENERGY STAR Communications Toolkit</a>. The toolkit has many valuable resources to help your business share its work and results.

### Super 8 Ukiah, Ukiah, Calif.: Recognition for all-around Waste Reduction

The Super 8 Ukiah, the only ENERGY STAR-certified hotel in Ukiah, focuses on efficient waste disposal and energy- and water-saving strategies at their property. They also use bio-degradable, recyclable, and organic products for as many tasks as possible. For this and other initiatives, they have received award recognition including the "Champion of Green" award from Wyndham Hotel Group, the "Award of Excellence" from Tripadvisor.com, the "Pride of Super 8 & Spirit of Super 8" from Super 8 Worldwide, Inc., and the "Business of the Year Award" from Chamber of Commerce, Inc.

Other ways to gain recognition for your business's efforts can include:

**Partnership Programs.** Participate in established groups, such as government agencies, trade associations, or regional energy conservation groups to demonstrate commitment to achieve results. **Join ENERGY STAR as a partner**.

**Performance Standards.** Meet widely recognized standards of performance, such as those established by ENERGY STAR, that reflect superior performance.

- ENERGY STAR Certification for Existing Buildings. Some facilities are
  eligible to receive ENERGY STAR certification. The integrity of the
  score is assured by the requirement that all data be verified by a
  licensed Professional Engineer or a Registered Architect.
- Designed to Earn the ENERGY STAR for New Construction. Your
  business may have the opportunity to do-it-right the first time by
  insisting on new building design and construction that addresses the
  costs and benefits of energy and water efficiency from the start. The
  incremental cost of optimal energy and water efficient design,



materials, and systems for new construction is much smaller than having to retrofit poor design and cheaper equipment that costs more to operate in the long run. EPA works closely with the American Institute of Architects, and with its participation created online tools to help architects design for optimal energy performance and long-term cost savings.

Awards, Challenges, and Competitions. Participate in ENERGY STAR Competitions and Challenges to see how much energy and water your property can save—with opportunities to earn recognition from ENERGY STAR for your successes.

- ENERGY STAR Treasure Hunts. During an Energy Treasure Hunt, teams walk around a facility looking
  for quick ways to save energy. Those quick fixes can add up to big savings. Hundreds of
  organizations have used Energy Treasure Hunts to reduce their facilities' energy use by up to 15
  percent.
- ENERGY STAR National Building Competition. Energy managers at commercial buildings in every state compete to see who can save the most energy and water. Competitors will work off the waste through improvements in energy and water efficiency and can receive recognition for achieving specific reductions.
- <u>ENERGY STAR Challenge for Industry</u>. This challenge is designed to help energy managers and industrial sites improve energy performance and set goals. Industrial sites participate by committing to the pre-established goal of reducing energy intensity by 10 percent within 5 years or less.
- ENERGY STAR Guide to Energy Efficiency Competitions. If your business is interested in setting up or participating in a competition, see the ENERGY STAR Guide to Energy Efficiency Competitions which can take you step-by-step through the process.

# 7.3 Review: Recognize Achievements

In Step 7, you looked at different ways to recognize key individuals and the team of people that created and executed your business's energy management program. You also learned various ways to share your business' story and solicit external recognition. Use the checklist below to measure your progress.

- 1. Provide internal recognition: Publicly recognize those who made the energy program succeed.
- **2. Tell your story:** Share your team's results with other businesses through traditional and social media, such as local newspapers, community "bulletin board" websites, Twitter, and Facebook.
- 3. Plan an energy efficiency competition in your workplace: Enter a competition that supports a good cause and inspires excellence. Check out the <a href="ENERGY STAR Guide to Energy Efficiency Competitions">ENERGY STAR Guide to Energy Efficiency Competitions</a> Guide. All buildings can participate in <a href="EPA's National Building Competition">EPA's National Building Competition</a>.
- 4. <u>Apply for ENERGY STAR certification</u>: More than 90% of American households recognize the ENERGY STAR. Your community will appreciate your business' contribution to environmental protection.
- 5. Cities, Utilities, Denominations, Associations, NGOs Invited to Co-Brand this AWB: ENERGY STAR now provides efficiency sponsors the opportunity to co-brand the Action Workbook. All your organization needs to do to co-brand the Action Workbook is to provide your high-quality logo, your URL address, and a simple "why we partner with ENERGY STAR" statement, along with a high-quality image you would like on the cover. You also have the option to provide your program information for the inside cover and a letter from your CEO or executive director.

Now that you're familiar with the ENERGY STAR Action Workbook, we invite you to review the information in the following appendices for office equipment, lighting, heating/cooling, and other building systems. You will also find guidance on getting started with Portfolio Manager, energy audits, working with contractors, project financing, and additional online resources. Don't forget—you can find frequently asked questions or email your own questions anytime to <a href="ENERGY STAR tech support">ENERGY STAR tech support</a>. Good luck and let us know about your success!

# Appendix A - Benchmarking your Property with Portfolio Manager®

Entering your property's energy and water use data into the free online <a href="Portfolio">Portfolio</a>
<a href="Manager">Manager</a> software will allow your team to track and measure the property's energy and



water use over time—this is especially helpful as new upgrades are implemented. You will need both property data and utility data to benchmark your building in the program. Before you set up an account, it can be helpful to review what data is needed. The <a href="ENERGY STAR data collection worksheet">ENERGY STAR data collection worksheet</a> will highlight what specific data is needed for your property type after you select the property type from a dropdown menu. Some specific information that will be required for all property types include:

- Portfolio Manager username and password.
- The building street address, year built, and contact information.
- The building gross floor area and key operating characteristics for each major space type. Use this worksheet to collect this information before logging in to Portfolio Manager.
- 12 consecutive months of utility bills for all fuel types used in the building and water if you will also track water. If you don't have this information readily available, contact your utility provider(s) as most will be able to easily supply this historical information.

Once you have collected your property's data, you're ready to <u>create the Portfolio Manager account</u>. ENERGY STAR has a <u>Quick Start Guide</u> to walk you through setting up an account, and inputting the data you collected from the data collection worksheet. If you have questions or trouble during the process, the <u>Portfolio Manager Help Desk</u> is a valuable resource to guide you through the process. For more detailed information, utilize <u>ENERGY STAR Training resources</u>. <u>ENERGY STAR has Express Videos</u> which show users how to create a property, add meter data, share building data, and generate reports in five-minute animated demonstrations.

Once you have your account set up and data inputted, you can start to look at trends in energy and water use and see your property's performance results per selected metrics. In addition to displaying your results, Portfolio Manager can adapt the data from your account into ready-made reports. You can generate reports instantly using your property data, or you can request a Statement of Energy Performance (SEP). Guides are available to help you understand how to produce either <a href="Standard Reports">Standard</a> Reports or <a href="Custom Reports">Custom Reports</a>.

# Appendix B - Sure Savers: Energy and Water

When looking at which products and appliances to purchase, which projects to undertake, and which behavioral changes to implement, the amount of information can be overwhelming. This appendix walks through six project sectors to help your team decide which actions are most beneficial to implement as part of your energy efficiency projects. In your decision-making process, consider both the initial cost of installing the efficient technology/product/practice and its expected energy cost savings compared to the technology/product/practice currently in use. Obviously, your business type will determine which information is most relevant; however, all businesses can use the following information and tailor it to their individual needs.

The sections included in this appendix are:

- Lighting
- Windows and Walls (Building Envelope)
- Office Equipment
- Kitchen and Food Service Equipment
- Heating, Ventilation, and Air Conditioning (HVAC)
- Water

In addition to this information, there are free online resources for more product-specific information:

- ENERGY STAR Products website
  - ✓ Learn more about the ENERGY STAR label.
  - ✓ Find ENERGY STAR labeled product lists, cost calculators, and other analysis tools.
- Federal Energy Management Program (FEMP) Energy Efficient Products website
  - ✓ FEMP offers its own recommendations for products not listed under ENERGY STAR.
  - Detailed information about performance requirements for energy-efficient products, energy cost calculators, and additional resources and analysis tools.
  - Energy Savings Calculators for appliances.

# B.1 LIGHTING

The lighting systems in any property are integral to a safe, functional, and comfortable environment. For example, spotlighting highlights products in retail facilities, desk and overhead lamps provide a good working environment in offices, and flood lamps create a workspace for large areas. Traditionally most, if not all, of these lighting needs were met with incandescent or halogen bulbs because of their low initial cost, warm color, and dimming capabilities. However, both types of bulbs are inefficient and radiate significant waste heat. Today, new energy-efficient, long-life bulbs provide features similar to incandescent and halogen bulbs at affordable prices. The result is a tremendous diversity in lighting products—all with varying efficiencies that could represent energy saving opportunities. This section discusses the two basic ways to achieve energy savings in your lighting system—installing more efficient equipment,

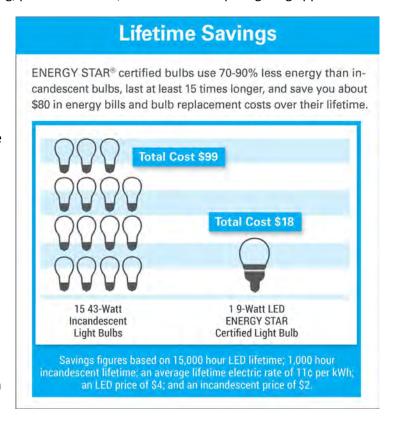


and/or changing the way you operate the lighting. This means turning lights off when unneeded, maintaining the lighting systems (keeping them clean), and illuminating spaces only to the light levels required to suit the task.

Use the following information to consider each lighting suggestion as it may apply to your property.

Replace incandescent bulbs with ENERGY STAR certified LEDs. Light Emitting Diode bulbs (LEDs)
 can be used for your recessed lighting, pendant fixtures, and accent and spot lighting applications.

LEDs cost about 75 percent less to operate than incandescent bulbs, and last about six times longer; generating about 75 percent less heat. Until recently, LEDs were more expensive to purchase up front than CFLs; this is no longer the case and LEDs use less energy over the lifetime of the bulb and last longer. New ENERGY STAR specifications set efficiency levels above today's CFLs, and major manufacturers are not investing in CFL technology improvements. Additional benefits to LEDs include superior dimming ability over CFLs, better color rendering, and they contain no mercury. ENERGY STAR certified LED bulbs are available in a



variety of shapes and sizes for any application—including recessed cans, track lighting, table lamps, and more. If you see an incandescent bulb, there is a cost-effective replacement option available. Look for lights that are ON most often and are easily accessible.

The <u>ENERGY STAR Lighting Calculator</u> allows you to look at how quickly more efficient bulbs can pay off based on your utility rate, the type of bulb you are replacing, and the replacement type. This can provide a quick estimate on the savings potential of more efficient bulbs.

The <u>ENERGY STAR website has many resources</u> on ENERGY STAR certified lighting and the energy savings opportunities by using LEDs.

If you have a larger facility with more lighting, you should review the <u>US Department of Energy</u> <u>Better Buildings Interior Lighting Campaign (ILC) materials</u>. The ILC is a recognition and guidance program designed to help facility owners and managers take advantage of savings opportunities from high efficiency interior lighting solutions.

The <u>Lighting Research Center at Rensselaer Polytechnic Institute</u> is a center for lighting research and education—pioneering research in solid-state lighting, light and health, transportation lighting, and energy efficiency.

- Turn off lights (and other equipment) when not in use. High utility costs often include paying for energy that is completely wasted by equipment left ON for long periods while not in use. You may wish to visit the property at a time when everything is supposed to be turned off and make a list of places where the lights were left ON. Also, ensure that exterior lighting—typically not needed during the day—is turned off in daylight hours. Different types of automatic controls can turn lights ON when needed and off when not.
- Ensure that appropriate lighting levels are maintained. Too much light causes glare—and it costs more. Fine-tuning the bulb wattage, type, or layout can improve visual quality and reduce energy use. You may want to consider conducting a lighting assessment by walking through your property both during the day and at night to determine if you are over/under lighting certain areas. A good light meter is relatively inexpensive and can provide accurate lighting levels.



- Upgrade older T12 fluorescent bulbs with magnetic ballasts to more efficient T8 or T5 fluorescent bulbs with solid-state electronic ballasts. Because T12 bulbs are no longer manufactured, it is timely to upgrade to more efficient T5 or T8 bulbs. T5 (less than 1" diameter) and T8 (1" diameter) fluorescent bulbs with modern electronic ballasts use less energy than older T12 (1.5" diameter) fluorescent bulbs while providing the same amount of light. In areas of the property where T12s are used for many hours per week, a T12 to T8 or T5 upgrade can pay back the costs quickly but will require both bulb and ballast changes.
- Ensure that LED retrofit kits are safe for use. Underwriters Laboratories (UL), a global safety and science organization, advises that any LED retrofit kits (commonly used to replace recessed ceiling lighting) that are chosen for a project are UL-approved and that proper installation and permitting (if necessary) takes place to ensure they are safe for use.

• Install LED exit signs. You may want to consider an LED-illuminated exit sign, which saves about 90 percent over an incandescent fixture's lighting electricity costs. When deciding whether to replace your incandescent exit signs with LEDs, remember that LEDs last for 25,000 hours, whereas incandescent lamps last for only 750 to 2,000 hours. This decreases the need change bulbs as frequently; the lower risk of bulbs burning out can increase property safety. There is an initial up-front cost increase for LEDs, but once installed and running continuously, they last almost three years before requiring replacement.



- Install occupancy/vacancy sensors. Install wall-mounted occupancy or vacancy sensors in high-use areas to automatically turn lighting off when no one is present. If occupants forget to turn the lights off when they leave the space, occupancy sensors turn the lights off after a pre-set time and turn them back on when people re-enter the room. Vacancy sensors automatically turn lights off, but the user must manually turn them back on. Vacancy sensors generally create greater energy savings than occupancy sensors because there are times when occupancy sensors will turn the lights on even when the occupant doesn't necessarily need the lights on. This is particularly true in any space with windows. Investing in dual-technology occupancy/vacancy sensors is an excellent way to save money and energy. These room sensors combine passive infrared and ultrasonic technologies to detect occupants in different ways. Having two technologies that must agree on occupancy helps eliminate false positives—where lights turn off when occupants are sitting still, or lights turn on when no one is in the space but papers flutter, etc. When installing the sensors, remember that even good equipment can be installed in an incorrect location; they should not be installed behind a coat rack, door, bookcase, etc. Likewise, they should be located so that neighboring traffic doesn't inadvertently cause a false trigger. Sensor vendors generally provide a diagram indicating the sensors' "cones of sensitivity" to assist with proper positioning.
- Install daylight-responsive lighting controls. Daylight-responsive lighting controls typically consist of dimmable or switchable ballasts and drivers (installed in the fixtures) and a photocell (typically mounted on the ceiling). These components work together to turn lights on and off (or dim) automatically based on available daylight, thus producing energy savings while maintaining the proper illumination levels for the space. The performance of daylight controls depends on customizing the lighting requirements of each individual space. The sensor's installed position should also be carefully considered to ensure that it is accurately tracking task light levels.

# B.2 WINDOWS AND WALLS (BUILDING ENVELOPE)

Your property's building "envelope" or "shell" includes windows, walls, a roof, and insulation. Addressing leaks that allow unwanted air infiltration into the building envelope can often eliminate a major energy drain. Outside air can enter a building through a variety of places, most commonly the windows, doors, walls, and roof. Outside air can be refreshing, but only as controlled ventilation, not as accidental infiltration. Improvements to the envelope will vary based on several factors, including how the property was built, when it was built, and how it is maintained. The following suggestions



provide detailed information on how to check specific areas, address small leaks, and if necessary, suggest greater improvements to the envelope. These include checking: 1) leaks in the overall property; 2) exterior walls; 3) roof and attic spaces; 4) windows and shading; and 5) doors. ENERGY STAR has sealing and insulating resources that you can use to fix leaks as you walk through the property—this includes installing weather stripping, insulating ducts, sealing leaks around windows and doors, adding insulation, and installing plastic on windows. The resources can also help you determine which projects you can do yourself and which may need external expert resources.

# **B.2.1 CHECK FOR LEAKS IN THE OVERALL PROPERTY**

Follow the steps below to identify and fix weak points in your property's overall building envelope. You will also get to know the structure and elements of the building better in the process. You may find it helpful to have the items listed below on hand when completing the building envelope assessments for your property. To complete the task, you should have the following materials on hand: tape measure/ruler; incense stick and lighter; flashlight; digital camera; ladder; and thermometer. Then follow the steps below to identify and fix problems in the property's overall building envelope.

- 1. Collect architectural and construction drawings of the building. Use these resources to determine the layout of internal zones and the construction of exterior surfaces.
- Look for noticeable air infiltration in the property and record your observations. Record
  temperatures from different points throughout the building to identify less noticeable infiltration
  points.
- 3. Run either a smoke pencil or a lit incense stick slowly along door jams, window frames, and vents to determine the level of air flow. This flow is "air infiltration" or the exchange of unconditioned outside air that your business paid to heat or cool. Record locations where there are drafts or a lot of air movement in your building sketch. You may need to turn on the air handlers (fans/ventilation) to create air pressure.
- **4.** Check the interior walls, being sure to record the wall construction, insulation/wall condition and noticeable air infiltration.

5. Take a digital photo of all areas of concern.

#### **B.2.2 CHECK EXTERIOR WALLS**

Follow the steps below to check for problems with the property's exterior walls.

- Check for and fix air leaks: Unconditioned outside air can add additional heating or cooling requirements. Seal areas of infiltration in walls using caulk or weather stripping to prevent unconditioned air from entering your property.
- 2. Check for and fix rainwater leaks: Wet insulation is not as effective as dry insulation, and excess moisture can create mold, rot, and structural decay. Mold can be a serious health hazard for staff and customers. Fix rain leaks in exterior walls by repairing poorly installed siding, flashing, weather stripping, or caulking.
- 3. Check the insulation: Installing additional insulation in exterior walls is a possible way to reduce heat gain or loss. However, depending on the construction of the building, this could be very labor intensive and expensive:
  - a. Use loose-fill insulation for enclosed existing walls and hard to reach places.
  - b. Use rigid fibrous insulation for ducts in unconditioned spaces and other places that can withstand high temperatures.
  - c. Use spray foam or foamed-in-place insulation for enclosed existing walls.
  - d. Make sure to use ENERGY STAR Certified Insulation for optimal efficiency results.

#### **B.2.3 CHECK ROOF AND ATTIC SPACES**

Follow the steps below to check for problems with the property's roof and attic spaces.

- 1. Check the roof for the following and record:
  - a. Any water intrusion.
  - b. Roof age and warranty.
- 2. Assess the roof condition (including signs of leaks, membrane holes, and damaged insulation):
  - a. Roof construction and insulation thickness.
  - b. Check attic bypasses.
- 3. Check the insulation: You may want to use a professional to determine the best insulation solution if you need to add more/replace existing insulation. They may recommend that after first sealing attic air infiltration, increase attic and roof insulation to reduce heat transfer; unconditioned outside air can add additional heating or cooling requirements.
  - a. In an unfinished attic, use loose-fill, sprayed foam, or foamed-in-place insulation.
  - b. In unfinished attic walls and ceilings, use batt or roll insulation.
  - c. Make sure to use **ENERGY STAR Certified Insulation** for optimal efficiency results.
- 4. Check to see if the roof surface needs replacement: Research and consider the possibility of retrofitting the existing roof with a "green" roof or a "cool" roof to reduce heat transfer; the Department of Energy has a Cool Roof Calculator to help you make this assessment. Additionally, you can review the Global Cool Cities Alliance's Cool Roof Toolkit for more options. Make sure to have a structural engineer evaluate the building if the new roof is going to add weight to be sure that your building is strong enough to carry the additional weight.

## **B.2.4 CHECK WINDOWS AND SHADING**

Follow the steps below to check for and fix problems with the property's windows and shading.

- 1. Fix leaks: <u>Seal areas of air infiltration</u>, starting with the attic and moving to windows using caulk or weather stripping to prevent unconditioned air from entering the building.
- 2. Check the windows, especially if you are considering replacements, being sure to record:
  - a. Window condition (cracked or broken glass, dry rot, missing caulk, etc., both inside and outside).
  - b. The window to wall ratio on each façade (the area of the window: the area of wall).
  - c. Window size and dimensions.
  - d. Window framing and type of thermal break.
  - e. Window type (double paned, single paned, etc.).
  - f. Window operation.
  - g. External window shades/overhangs/caulking.
  - h. Interior window blinds.
- 3. Consider installing new ENERGY STAR certified windows/skylights: New windows are expensive and may not provide the savings relative to cost of many other upgrades. However, when the property needs new windows, replace old or single-pane windows with ENERGY STAR certified double- or triple-pane glass and an insulating gas. Consider choosing windows with tints, heat reflective coatings, or laminates to further reduce heat gain. Old and metal window frames should also be replaced with non-metal insulating frames.
- **4. Check interior shading:** Venetian blinds and other operable shades are low-cost and effective solutions for keeping out sunlight in summer months.
- 5. Check exterior shading: Overhangs, awnings, shade screens, roller blinds, and vegetation can provide exterior shading that also reduces the glare from direct sunlight striking glass windows. Overhangs and awnings can be particularly beneficial because they admit light from the low winter sun (when sunlight is beneficial for heating and lighting) and tend to block the higher summer sun (when solar gain is less desirable). Western sun in the summer, especially in hot climates, can increase the cooling requirement of your HVAC system substantially, so it is a good idea to focus shading to the western windows first (in warm climates).
- 6. Consider installing fiberglass or metal shade screens: These cost-effective applications can reduce solar heat gain up to 80 percent compared to un-shaded clear glass. A shade screen is a specially fabricated screen of sheet material with narrow weave or louvers formed in place to prevent solar radiation from striking a window. The air space between the exterior shade screen and the window helps carry away heat absorbed by the shade before it can be transferred through the window.
- 7. Consider exterior roller blinds: These are a series of slats, typically horizontally oriented, made of wood, steel, aluminum, or vinyl. Like interior shades, they can be raised or lowered as needed to control the amount of sunlight entering a building space. In warm temperatures during sunny hours, they can be lowered to function as an insulating barrier to limit incoming sunlight and reduce heat gain. In cold weather they can be raised to allow desirable heat gain. Partially rotating the blinds allows some daylight and air to enter between the slats.

8. Plant a tree: Deciduous trees are very effective at providing shade. During the winter when they are bare, they allow sunlight to pass through; in summer they leaf out and provide shade. The best location for deciduous trees is due west of west-facing windows. East, southeast, and southwest sides of buildings are also good locations. Plant trees within 20 feet of windows and allow them to grow at least 10 feet higher than the window.

#### **B.2.5 CHECK DOORS**

Follow the steps below to check for and fix problems with the property's doors. If you need to replace doors, research a <u>replacement door that is ENERGY STAR certified</u>.

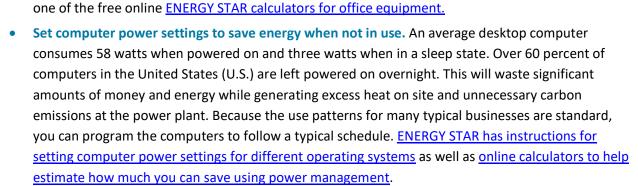
- 1. Check for and fix air leaks: Seal areas of air infiltration around attic access and doors using caulk, weather stripping, and door sweeps to prevent unconditioned air from entering the property.
- 2. Calibrate automatic doors: If your property has doors that open automatically, set the sensitivity so that the doors only open when people are approaching the doors. This is especially important if there is a commonly traveled pathway close to the door.
- **3. Install revolving doors**: One technical option is installing a revolving door to reduce the exchange of unconditioned and conditioned air. However, this could be an expensive option.
- 4. Create an entrance vestibule: A vestibule is two sets of doors separated by a small enclosed space. The idea of a vestibule is that only one set of doors is open at a time. This reduces the amount of unconditioned air entering your property.

# **B.3 OFFICE EQUIPMENT GUIDANCE**

Office equipment used in many small businesses presents an often-overlooked opportunity for significant energy and cost savings. Surveys show a steady increase in the volume of electronic office equipment being used by all types of businesses. This includes computers, printers, copiers, televisions, and small appliances such as coffee makers. Evaluating your office equipment use will help your business realize energy and monetary savings. Review the following information to consider each suggestion as it may apply to your property:



• Always buy ENERGY STAR certified products when new office equipment is needed. The ENERGY STAR label indicates highly efficient computers, printers, copiers, televisions and other small appliances and equipment. Equipment that has earned the ENERGY STAR saves energy and money. Many of these products save energy by utilizing auto-power down settings which cause the unit to enter a sleep or off-mode when not used after a certain amount of time. In addition, they also consume less energy when in use. The easiest way to measure potential cost savings from investing in ENERGY STAR certified office equipment is to use



- Replace cathode ray tube (CRT) computer monitors. Older CRT monitors should be replaced by
   <u>ENERGY STAR certified monitors</u> to take advantage of the energy savings. It is important to dispose
   of CRT monitors properly through recycling because they may contain hazardous or toxic
   components. The average CRT monitor operates at 73 watts while a more efficient monitor uses 28
   watts.
- **Utilize Smart Power Strips.** Smart power strips address a key energy-wasting issue: the fact that many appliances and other equipment pull a slight energy load, even when turned off (also called the "vampire effect"). Many devices can be plugged into the same power strip, which can then be turned off to ensure that the appliances are not drawing any power. can be used for office and

kitchen equipment that "stays on" even when turned off, such as a television, coffee maker, or stereo system. Smart power strips are available from most electronics retailers, but it's also a good idea to check with your local utility. Many electric utilities offer smart power strips at a discount or rebate a portion of the retail price.

- Develop an education and/or training program to encourage energy conservation. Educated staff
  can make significant contributions to load reduction by simply turning off office equipment when it
  is not in use and enabling energy-saving settings for computers and monitors.
- **Print double sided pages**. Much more energy is used in the manufacturing and distributing of paper than the actual printing at your office. This will also save on paper use and waste at your business.

# **B.4 KITCHEN AND FOOD SERVICE EQUIPMENT**

Many offices have kitchen areas where staff can prepare coffee, lunch, or snacks. Microwave ovens, coffee machines, stoves, and refrigerators are common in these areas. Some appliances like coffee makers may be left on longer than necessary. There are also additional opportunities to improve energy efficiency if your building has a larger commercial kitchen; many of which also save water. Obviously, if your business is focused on food service, most of the products and appliances that you use daily will be food service related. This section reviews overall kitchen and food service equipment; for more specific facility-type information, see *Appendix F - Restaurants*, and *Appendix J - Grocery and Convenience Stores*. Review the following items to consider each suggestion as it may apply to your property.



- Purchase ENERGY STAR certified commercial food service equipment. Certified refrigerators and
  freezers are, on average, 30 percent more energy efficient than standard models. There are also
  ENERGY STAR certified commercial dishwashers, fryers, griddles, hot food holding cabinets, ice
  machines, ovens/stoves, water coolers, and steam cookers.
- Purchase ENERGY STAR certified kitchen appliances such as refrigerators, dishwashers, and water coolers for your office to save energy at the office kitchen. For example, a typical bottled water cooler can use more energy than a large residential refrigerator. An ENERGY STAR model requires about half as much energy as a standard unit, which reduces your utility bills.
   Improving your property's refrigerated vending machines results in cost savings and reduced building cooling load. Standard refrigerated beverage vending machines use about 50 percent more power than ENERGY STAR certified vending machines. Talk with your property's vending operator about replacing non-ENERGY STAR vending machines with new or rebuilt models that conform to the latest ENERGY STAR performance standards and use software or occupancy sensors to further increase their performance.
- Check current refrigerators. While your property's old refrigerator may still look good and work well, it could be costing your business over \$300 per year to run, while using a significant amount of energy—in fact, more than twice the energy of a new <a href="ENERGY STAR certified model">ENERGY STAR certified model</a>. However, even new refrigerator units can be run inefficiently. To help improve performance, position the refrigerator away from heat sources such as ovens and dishwashers, and leave a space between the wall and the refrigerator to allow air to circulate—this keeps the coils cooler, so the refrigerator doesn't have to work as hard. Keeping the coils clean on the outside of the refrigerator is a great way to save energy as well. Also, consider unplugging the refrigerator when it is not in use, especially if it is only used for special events. Be sure to contact the manufacturer or consult the manual of your specific refrigerator model for usage, but it is generally recommended to unplug the refrigerator if it will not be used for a period of four weeks or longer.

By properly recycling a refrigerator manufactured 20 or more years ago and replacing it with a new product that has earned the ENERGY STAR, your business can save up to \$1,100 and prevent up to 26,000 pounds of GHG emissions. For more information on making sure your old refrigerator is disposed of properly, see the EPA's Responsible Appliance Disposal (RAD) Program.



- Have walk-in refrigeration systems serviced at least annually. This includes cleaning, refrigerant
  top off, lubrication of moving parts, and adjustment of belts. This will help ensure efficient operation
  and longer equipment life.
- Use multiple refrigerators only when necessary. Work to reduce the use of multiple refrigerators: consider consolidating cooling needs into a single refrigerator and consider turning off an extra unit that is not needed.
- Turn off appliances (such as the coffee maker) when not in use.

# B.5 HEATING, VENTILATION, AND AIR CONDITIONING (HVAC)

The HVAC systems in many small businesses can use more energy than any other products or systems. In addition to the recommendations in this section, many of the improvements discussed in other sections of this appendix can improve the efficiency of your property's HVAC system. For example, efficient lighting has less waste heat and can reduce air conditioning costs; making sure the property is well insulated will allow the HVAC system to work less to maintain desired indoor



temperatures. Since replacing HVAC systems are often larger financial decisions, the information below can help your team maintain your existing system and create a replacement plan for a new system. In addition to the points below, see the <u>ENERGY STAR Guide to Energy-Efficient Heating and Cooling</u>.

- Keep exterior doors closed while running the HVAC. This simple action will help avoid wasteful loss
  of heated or cooled air.
- Install a programmable thermostat to control the HVAC system. Programmable thermostats allow you to optimize HVAC operation based on your property's scheduled use and can be overridden as needed for unscheduled events. To ensure that staff and customers always enter a comfortable facility, a "smart thermostat" can schedule heating/cooling needs for a certain amount of time before arrival.
- Check the accuracy of the thermostats. The thermostats at your business can become dirty or
  damaged over time, causing them to read an incorrect temperature. This can lead to over-heating or
  over-cooling of the property and to higher utility bills. Your property's thermostats should be
  checked annually to make sure that they are working properly by comparing them to a
  thermometer. Ideally, your property's regular professional HVAC tune up should confirm the
  accuracy of the thermostat.
- Change the filters. To ensure maximum efficiency and air quality, <u>HVAC filters should be cleaned</u>
   and replaced at least quarterly, and even monthly during heating/cooling seasons. You can also
   <u>clean and seal ducts</u> to ensure they are not leaking.
- Clean heating and cooling coils. For the highest system efficiency, the place where air/water enters
  the HVAC system should be kept clean. Whether in an air handler or in a rooftop unit, the methods
  for cleaning include using compressed air, dust rags or brushes, and power washes. In addition,
  check baseboard heating systems for dust buildup, and clean them if necessary. This should happen
  twice a year—in the spring and in the fall.
- Clear the clutter. Make sure that fan coil units and baseboards are not blocked or covered by chairs, books, boxes, or file cabinets. Besides creating a fire hazard, blocking these units prevents proper air circulation. Always keep the area around supply and return vents clear.

- Use fans when a room/area is occupied. Comfort is a function of temperature, humidity, and air movement. Moving air can make a higher temperature and/or humidity feel more comfortable.
   Using ceiling fans allows the thermostat to be set as much as three to five degrees higher and the room feels just as comfortable as a lower temperature. Fans are most effective when the air movement is felt on the skin and are a good choice for offices and other areas where occupants are in one place.
- Tune-up the HVAC system with an annual maintenance contract. Just like a new car, even a new ENERGY STAR certified HVAC system will decline in performance without regular maintenance. An annual maintenance contract automatically ensures that your HVAC contractor will provide preseason tune-ups before each cooling and heating season. Use the tune-up appointment to have your contractor check for possible leaks in the property's duct system.

## **B.5.1 SHOULD HVAC EQUIPMENT BE RUN TO FAILURE?**

All types of equipment have a certain useful lifetime. This lifetime may be extended with regular maintenance, but at some point, the equipment will need to be replaced. Replacement offers an opportunity to invest in energy efficiency and can impact energy consumption and costs for years.

Because major HVAC equipment (boilers, air conditioners and air handlers, chillers, etc.) typically has a long, useful life and a major impact on energy consumption, special attention should be paid to this equipment. Replacement of major HVAC systems is expensive, and for many small businesses, HVAC replacement can have a big impact on finances. For this reason, you should check equipment periodically to estimate its remaining life. When the equipment is one to two years from the end of its remaining life, plans for replacement should begin—ideally choosing an ENERGY STAR certified unit. The difference between running to failure and scheduled replacement are best outlined through the following scenarios.

- Scenario 1 Run HVAC system to failure: A small business-owned office building in Minnesota has a boiler that provides hot water to heat the building. Although the boiler has been well maintained, it is 40 years old. On one particularly cold night, the boiler stops working entirely. The technician comes and says that it can't be fixed. Although the building owners and operators knew that the equipment was old, they'd never really thought about it or planned for this occasion. Now, the business is facing a \$60,000 dilemma. They need a new boiler installed right away to keep the offices and functioning for the rest of the winter. They call the local boiler supplier, which carries a few models. The models that it usually stocks are not high-efficiency boilers, but they do have a lower up-front cost, and they're in the warehouse ready for installation. High-efficiency models are available, but they are more expensive, and aren't stocked in the supplier's warehouse. The building owners choose the regular efficiency unit because it is available right away and is the cheapest. Although this unit may be less expensive in terms of upfront costs, the lifetime costs of operation, maintenance, and utility costs make it more expensive. Higher quality may cost more initially but will outlast and outperform a cheaper version for life-cycle savings.
- Scenario 2 Scheduled HVAC replacement: The same Minnesota office building has a boiler technician come every year to tune-up the boiler and let the owners know its performance. This

year, the technician informs the owners that the boiler will probably last this year and one or two more seasons, but past that point it doesn't look good. The business starts to set aside funds for a new boiler. They talk to the boiler supplier about different options available and find out that the high-efficiency models are 20 percent more expensive up front, but that over their estimated 40-year lifespan, they take only a few years for the energy savings to make up for the extra cost. The team considering this decision comes to agreement that the high-efficiency unit is a better deal and will save the business money on utility bills. The business puts aside the money, and after the end of the second heating season, the staff schedules the replacement with the boiler supplier. The new boiler needs to be shipped which will take two weeks, but since the replacement decision was planned for warm weather, there is no issue with heat. The new boiler is installed, tested, and ready for the next heating season well ahead of time.

In these two scenarios, the difference is that the second group had the time to sit back, think, and make a decision that made sense in the long run, rather than being limited by the situation at hand. By keeping a close eye on the condition of major HVAC equipment, businesses can plan and make the best decisions possible, which usually mean that equipment is not run to failure.

## **B.5.2 APPLYING THE CONCEPT**

A major piece of equipment is most likely to fail when it is under the most stress or greatest demand. Therefore, it is likely to fail at the "worst possible time." Heating equipment is likely to fail on the "coldest day" and air-conditioning on the "hottest day." Without a planning and replacement strategy in place, a business can either "do without" or jump to a major purchase with too little research and too few good choices and be faced with long-term cost implications. Regularly scheduled maintenance (at least annual or "pre-season") and a replacement plan are the responsible financial approach for your property and its vital HVAC equipment. ENERGY STAR has a checklist to help determine when it is time to replace your equipment.

# B.6 WATER—HOT AND COLD

Energy and water efficiency are closely tied together. In most cases, electricity or natural gas is used to heat water, and this costs money. The more heated water your business consumes, the more you can save by optimizing water use. Additionally, treating and pumping water and wastewater may well be the number one use of electricity by your municipality. You can save water, energy, and money with the EPA's WaterSense program. The EPA created



WaterSense to help American consumers and businesses use water more efficiently. Reducing water use lowers the costs associated with operating and maintaining equipment, as well as the energy needed to heat, treat, store, and deliver water throughout the property. WaterSense promotes water-efficient products and practices to help commercial and institutional facilities save water, energy, and operating costs. The <a href="WaterSense at Work: Best Management Practices for Commercial and Institutional Facilities">WaterSense at Work: Best Management Practices for Commercial and Institutional Facilities</a> guide is a comprehensive guide to managing commercial water use. Read more on how to save water with the suggestions below.

- Conduct a water assessment to identify major water uses within the property. Look for
  opportunities for savings; use Portfolio Manager to track your water use across your property,
  compare your water use over time, and against other properties in your portfolio.
- Use water-saving <u>faucets</u>, <u>showerheads</u>, <u>toilets</u>, and <u>urinals</u> to save water. WaterSense-labeled products can save a great deal of water and therefore energy. For example, WaterSense toilets use 20% less water than those manufactured following the current federal standard. Replacing just one older inefficient urinal with a WaterSense-labeled model could save your property approximately 4,600 gallons of water per year.
- Purchase an ENERGY STAR certified water heater when purchasing a new water heater. If your
  water heater is outdated or working inefficiently, upgrading to an ENERGY STAR certified model will
  reduce water heating costs. All water heaters, especially gas-fired, should be inspected annually for
  safety as well as efficiency. Keep the immediate area around water heater clean and free of any
  debris and allow nothing to be placed on top of the heater. In areas of infrequent water use,
  consider tank-less water heaters to reduce standby storage costs and waste. There are a few options
  when looking to purchase a new water heater:
  - ✓ High-Efficiency Gas Storage: High-efficiency gas storage water heaters work the same way
    as conventional gas storage water heaters but high-efficiency models have better insulation,
    heat traps, and more efficient burners.
  - ✓ Gas Condensing: Gas condensing water heaters operate similarly to conventional gas water heaters, but reduce the amount of gas required by the water heater by approximately 30 percent.

- ✓ Heat Pump: Heat pump water heaters use electricity to pass vaporized refrigerant through a system containing a compressor, a condenser coil, and an expansion valve.
- ✓ Whole-Home Gas Tank-Less: Whole-home gas tank-less water heaters work similarly to conventional gas types by heating cold water with a gas burner. However, instead of constantly maintaining a supply of hot water, tank-less water heaters only operate when hot water is needed. By only heating water on-demand, tank-less water heaters can substantially reduce energy consumption in some applications.
- ✓ **Solar Water:** <u>Solar water heaters</u> come in a variety of designs, but all include a collector (a device that captures solar thermal energy) and a storage tank for hot water.
- Insulate water heaters. Install an insulation blanket on water heaters that are more than seven years old or that are warm to the touch; insulate the first three feet of the heated water "out" pipe on both old and new units.
- Find and fix leaks. Small leaks mean many gallons of water and dollars are wasted each month.
   Water conservation saves energy and money, especially for hot water. Since electricity is also required for purification of drinking water, treatment of wastewater, and pumping of water, fixing leaks will save energy.
- Set water temperature only as hot as needed. Typically, hot water should only be heated to 110 to 120 degrees Fahrenheit. This prevents scalding and saves energy. Remember to check local codes for specific temperature requirements.
- Optimize the amount of water used in heating and cooling systems. Evaluate cooling towers, chillers, and other large systems to ensure they are running as efficiently as possible. Eliminate single-pass cooling systems wherever possible by re-circulating water or reusing the water for another purpose instead of sending it down the drain.
- Practice water-efficient landscaping. Planting native and regionally appropriate plants on the
  grounds of your property can reduce the need for extensive outdoor watering in the summer.
  Reducing the amount of turf grass can also save water—turf grass receives the highest percentage
  of irrigation water in traditional landscaping, much more than landscapes planted with a mix of
  trees and shrubs. If an irrigation system is used, be sure it has been installed correctly and have it
  checked for leaks on a regular basis to avoid wasting water. Native trees and other plants can shade
  and cool your "micro-climate" by several degrees and are less vulnerable to local insect pests than
  non-native species. WaterSense has many resources on how to save water outdoors.

# Appendix C - Energy Audits

As the saying goes, "Time is money." This can be particularly true for small businesses. However, not taking time to save energy can mean big money lost. Reduction in daily energy costs and monthly utility bills for the lifetime of your business can make it well worth the time needed to pursue efficiency upgrades. You may wonder, "Where should I start?" and "Do I replace one piece of equipment or system at a time or should I do a comprehensive upgrade of



my entire facility?" The answers to these questions will vary depending on your business's situation. The age of your current equipment and facility systems, your type of business, your local utility rates, your hours of operation, and your access to capital are all key factors in what level of upgrade makes business sense. One place to start is with low-cost and no-cost Sure Savers (see *Appendix B*). Once these have been implemented, and the property has used Portfolio Manager to benchmark energy use, an audit may help your business determine what additional projects make sense. Refer to resources in *Appendix D - Project Financing*, for ideas on how to pay for your audit.

This appendix can help your business determine if an audit is appropriate for your small business and, if so, how to choose the type of audit. This appendix tells you:

- What an energy audit is, what types of audits are available, and who can perform them.
- How to prepare for an audit.
- What you can expect the audit to include.
- Where to find more audit resources.

# C.1 WHAT IS AN ENERGY AUDIT?

Energy audits are comprehensive reviews conducted by energy professionals and/or engineers that evaluate the actual performance of your business's systems and equipment against their designed performance level or against the best available technologies. The difference between the actual performance and designed performance is the potential for energy savings. Whether your business is home-based, rents space, or owns its own property, you can likely benefit from an energy audit. For home-based businesses, the benefit of an energy audit is two-fold; both you and your business can save money. Be aware that audits alone don't save energy; you need to implement the recommended improvements to reap benefits.

Money saved due to implementing auditor-recommended improvements may justify the up-front cost of the audit. However, your business's budget may limit the types of audit that would make financial sense, because recommended improvements that are not performed shortly after the audit can become outdated. If your business has limited property improvement funds, an audit targeting specific types of projects may be the most cost effective as it will recommend projects your business can implement in a short time frame with allotted project funds. This section will help you understand the types of audits and auditors to determine if an audit would benefit your business.

## C.1.1 TYPES OF ENERGY AUDITS

If your business decides to conduct an energy audit, you will need to choose which type of audit is the best fit by considering the property type to be audited, the cost of the audit, your Energy Team's project goals and access to funding, and the implementation timeline. For example, a detailed energy audit might not make sense for a small, home-based business or a business that does not have financing to implement the projects identified by the audit. It is wise to start with benchmarking and implementing the Sure Savers and other steps described in *Appendix B*, to see what you can save prior to an audit.

#### HOME ENERGY AUDITS

For home-based businesses, a home energy audit can be the first step in making both your home and home-based business more efficient. An audit can help assess how much energy your home uses and evaluate what measures you can take to improve efficiency. You can perform a simple energy audit yourself or have a professional energy auditor perform a more thorough audit. For more information on home energy audits, visit the <a href="ENERGY STAR Home Energy Audits webpage">ENERGY STAR Home Energy Audits webpage</a>. You can use ENERGY STAR resources to do-it-yourself using the <a href="ENERGY STAR Home Energy Yardstick">ENERGY STAR Home Energy Yardstick</a> or find information to hire a professional home energy auditor using the <a href="New Homes Partner Locator">New Homes Partner Locator</a>.

## **ASHRAE AUDITS**

If your company rents or leases office space or owns its own buildings, your Energy Team may consider a professional audit. There are several types of energy audits that survey your property at different levels of detail. The types of audits as defined by <u>American Society of Heating, Refrigerating and Air Conditioning Engineers (ASHRAE)</u> standards are:

- ASHRAE Level I Walk-Through Analysis
- ASHRAE Level II Energy Survey and Analysis
- ASHRAE Level III Detailed Analysis of Capital-Intensive Modifications.

These audits are described in detail below. Although the accuracy of the audit is directly related to the level of detail (e.g., a Level III audit is more accurate than a Level II audit), the most extensive and accurate audits may not be necessary or cost effective to accomplish your business's goals.

## **Types of ASHRAE Energy Audits**

**ASHRAE Level I - Walk-Through Analysis:** Focuses on low- and no-cost energy conservation measures and provides a list of higher cost energy conservation measures. Typically, these audits will result in a report about how much energy and money can be saved from specific efficiency opportunities. If you

have benchmarked your building and implemented the Sure Savers, you will have already completed most of the analysis that this type of audit provides.

ASHRAE Level II – Energy Survey and Analysis: Expands on the Level I audit by including more detailed energy calculations and financial analysis of proposed energy efficiency measures. The financial analysis used is typically a life cycle analysis, which allows you to better understand the financial benefits of installing energy efficiency measures. You are typically provided with a list of energy conservation/efficiency measures, an estimate of the amount of money and energy that will be saved, and an estimate of the amount each measure will cost. These reports should also include any changes that need to be made to operations and maintenance procedures.

ASHRAE Level III – Detailed Analysis of Capital-Intensive Modifications: Expands on the previous levels of effort and is based on a specific subset of energy conservation/efficiency measures to analyze further. This may include further refinement of an energy model or more extensive data collection. These are often used to provide detailed information to lenders for larger projects.

#### C.1.2 FINDING AN ENERGY AUDITOR

Unless you conduct an audit yourself, you can choose from three main types of energy audit providers: 1) utility companies, 2) private sector companies, and 3) state energy offices. The following paragraphs describe these types of auditors in more detail.

Your utility company may offer free or inexpensive energy audits and/or have an energy conservation department.

**Private-sector companies** include consultants, energy service companies (ESCOs), and <u>ENERGY STAR</u> <u>service and product providers (SPPs)</u>. These companies can conduct audits, evaluate and recommend projects to improve building energy efficiency, and can estimate energy use, savings, and project cost:

- Energy consultants can sometimes prepare project specifications or engineering designs. Energy consultants do not usually provide financial or management services and they are not involved in the actual project implementation process.
- ESCOs have the goal of being hired by your property to install and manage the projects they recommend. For this reason, ESCOs have a vested interest in the completion, operation, and resulting savings from your projects, and will guarantee positive results as part of a long-term performance contract. Some ESCOs also provide financing and equipment maintenance. The major difference between ESCOs and energy consultants is the financial arrangement. ESCOs will often pay the up-front costs of implementing the efficiency projects and will be paid through the savings achieved. This can be a good option for businesses that don't have access to capital to implement the projects on their own.
- SPPs (which can include energy consultants and ESCOs) are companies that assist commercial buildings operate more efficiently by helping clients benchmark energy performance, improve efficiency, and earn recognition. ENERGY STAR maintains a list of <u>service and product provider (SPP)</u> <u>partners</u>. To partner with ENERGY STAR, a company must demonstrate a minimum level of past and

ongoing experience working with Portfolio Manager and earning ENERGY STAR certification for their client buildings.

**Your state energy office** may offer free or inexpensive energy audits. The <u>National Association of State</u> <u>Energy Officials (NASEO) State and Territory Energy Offices</u> has an interactive map to highlight state energy offices.

## C.1.3 CONTRACTING A PRIVATE COMPANY TO PERFORM YOUR ENERGY AUDIT

Once your business has reviewed the types of audits and auditors available, you may choose to hire a private sector company for an audit. In this case, you can either select the company by sole source or competitive bid. In a sole source selection, you negotiate with a single consultant/ESCO. In a competitive bid, you advertise your team's need for a consultant/ESCO and receive bids from firms interested in doing business with you.

If your business owns its own property, you are well-suited to negotiate exclusively with a single consultant/ESCO. When hiring via sole source selection, your team can negotiate until a mutually agreeable cost is reached. During these negotiations, be sure to understand the scope of the audit and its minimum reporting and analytical requirements; more specifically, ensure that assignments, deliverables, and schedules are clear and understood by all parties.

The major drawback to sole source contracts such as these is that they can be costlier than competitive bid contracts due to a lack of market competition. However, establishing a long-standing working relationship will allow the consultant/ESCO to become familiar with your property's energy equipment, needs, and problems, and will also negate the need for your team to review proposals for each separate project. Understanding the prices of competitive bid contracts in your area prior to negotiating the price of a sole source contract will help derive the benefits from a sole source contract at a competitive market price.

#### C.1.4 YOUR ENERGY TEAM'S ROLE

If you hire an outside auditor, your Energy Team will be responsible for monitoring the auditor's activities. This section outlines steps and activities for your Energy Team to ensure the audit's success:

- If your business plans to solicit competitive bids for your audit, the Energy Team can prepare a
  Request for Proposals (RFP) to hire an auditor. <u>ENERGY STAR has a sample RFP</u> to assist you in
  preparing this document.
- Your team should familiarize themselves with the building in terms of equipment, energy use, and design (mechanical and electrical).
- You will need to manage the energy auditor through maintaining communication with decisionmaking staff and overseeing the auditing work.
- Review the energy audit:
  - ✓ Be aware of the types of improvements the property is interested in and their relative priority.
  - Check to make sure that the assumptions used in the audit calculations make sense with respect to how the building operates.

Create a final report based on the audit results and produce a detailed summary of actual steps that can be taken to reduce energy use. The report should recommend actions from simple adjustments in operation to equipment replacement. Estimates of resource requirements for completing actions should be included.

# C.2 PRE-AUDIT CHECKLIST

Once your Energy Team has chosen an energy auditor, you will need to prepare for their visit. You can help your auditor determine appropriate project recommendations by answering questions about your property's energy use and construction. If your business owns its own building(s), providing the consultant with electrical and mechanical drawings of the property will help the auditor perform the job, and will also help control costs; if electrical and mechanical drawings are unavailable for your property, the consultant will need to reconstruct a schematic for equipment operations.

Reviewing a consultant's work can be done internally if your team already has a staff member who is familiar with energy auditing methods and the projects recommended by the auditor. If your property does not have such a person (or group of people) on staff, it may be worthwhile to get an independent review of the recommended projects. Consult your local utility or state energy office for assistance. You should have an up-to-date Portfolio Manager account for your property with at least 12 months utility data included. This will ensure you have the needed data for an audit, such as property use, a list of onsite equipment and associated use profiles, energy costs, and newly implemented projects and upgrades (without knowledge of new project implementation, the audit may assume your property has been using current equipment for the past 12 months).

# C.3 WHAT TO EXPECT

# **C.3.1 ANALYSIS OF EXISTING EQUIPMENT**

Depending on the type of energy audit your team chooses, you should expect specific things from the auditor. When negotiating with a sole source or stating your team's project requirements in a competitive bid RFP, be sure to specifically indicate the requirements of the audit. To get a better idea of what an energy audit will include, see the audit types listed below. You can also do a search for "sample energy audits" on the internet to see many different examples.

# **Types of Energy Audits**

**Targeted Lighting:** Targeted lighting audits typically include, at a minimum, a count of the number and types of fixtures in each room and spot checks of light levels.

**Targeted HVAC:** Targeted HVAC audits include computerized simulations to extrapolate annual operating energy use based on equipment set points and regional weather factors.

**Comprehensive:** Comprehensive audits evaluate the building envelope, lighting, domestic hot water, HVAC, kitchen equipment, and controls in the property. Computer models are used to simulate building and equipment operations, considering weather, equipment set points, hours of operation, and other

parameters. Estimated energy consumption is compared to the property's utility bill charges to ensure that the consultant is not over- or underestimating energy savings from proposed investments.

## **C.3.2 PROJECT IMPLEMENTATION**

Having the consultant who performed the energy audit also prepare a performance specification will help to ensure that your property selects appropriate project types and specifies adequate project quality. Performance specifications will inform equipment contractors and installers about the type of project your team is undertaking. Performance specifications may add up to a few cents per square foot to the cost of a single-purpose or comprehensive energy audit.

In addition to the ENERGY STAR resources highlighted in this section, the US Small Business Administration (SBA) and US Department of Energy (DOE) have audit resources such as:

- SBA State and Local Energy Efficiency Programs
- DOE Professional Home Energy Audits
- DOE Small Business Energy Audit Program

# Appendix D - Project Financing

One of the challenges a business may face when looking at implementing energy efficiency upgrades is the upfront costs of new equipment and appliances. Usually, these upgrades save you money over time—money that can be used to pay for the cost of future projects. When looking at the project financing this way, your business can plan forward, allowing you to draw on dollars saved from future energy bills to pay for new, energy-efficient equipment and projects today.



Some upgrades require little funding. For those that do require investment, there are many traditional and non-traditional financial resources available.

For small, inexpensive projects, you may want to use your own internal funds to pay for the upgrade to keep your payback period low and return on investment high. For larger jobs, financing might be the only way to pay for the upgrade. It's your business decision to weigh competing needs for capital versus continuing increases in operating costs for energy. But remember—even a longer return-on-investment energy efficiency upgrade results in affordable comfort, and new, more reliable equipment. Strategic energy efficiency investments are your hedge against the certainty of higher utility bills that you cannot control. This appendix highlights:

- Where to find ENERGY STAR calculators to inform your decision-making process.
- How to pay for upgrades.
- What factors to consider when choosing financing.
- Why you may consider a utility bill audit.
- Additional online financing resources.

# **D.1 ENERGY STAR CALCULATORS**

ENERGY STAR offers online calculators to help you determine a best course of action for your business's planned energy efficiency projects. <u>The Cash Flow Opportunity Calculator</u> at can help you answer three critical questions about potential energy efficiency investments:

- How much new energy efficiency equipment can be purchased from anticipated savings?
- Should you finance the equipment purchase or wait and use cash from a future budget?
- Is money being lost by waiting for a lower interest rate?

The <u>Building Upgrade Value Calculator</u> estimates the financial impact of proposed investments in energy efficiency in office properties. The calculations are based on data input by the user, representing scenarios and conditions present at their properties.

The <u>ENERGY STAR Financial Value Calculator</u> helps you quantify the value of improvements in energy efficiency to your organization. The calculator uses the prevailing price/earnings ratio to estimate the market value of increased earnings that can result from increased energy efficiency.

# D.2 How to Pay for Upgrades

Today there are many opportunities to finance energy efficiency projects—whether through energy performance contracting, loans, commercial leases, tax-exempt financing, or financial advisory services. This section contains information on the different types of financing options that may be available to your business. It also lists factors to consider when deciding which type of financing to use for a project.

Although the right financing option depends on many factors—such as debt capacity, in-house expertise, and risk tolerance—there are viable options for virtually any type of organization to implement a well-designed project. You may choose to fund projects with cash or savings, utility incentives or rebates, grants, loans, or a combination of these. <u>ENERGY STAR has online resources for finding project financing</u>.

#### D.2.1 CASH OR SAVINGS

A cash purchase is the simplest method for financing energy performance improvements. It is well suited for small or low-risk upgrades and makes sense if your business has cash reserves and a strong balance sheet. The advantage of a cash purchase is that all cost savings realized from the upgrade are immediately available. Generally, relatively inexpensive, simple efficiency measures that are likely to pay for themselves in about a year are purchased with cash because the costs of acquiring financing (e.g., the cost to borrow money, the cost of time invested in researching opportunities, etc.) may exceed the projected savings. Most businesses want to keep some liquidity, and cash/savings are things that they would rather not tie it up in larger investments.

## D.2.2 UTILITY INCENTIVES OR REBATES

Utilities often provide financial incentives for energy performance upgrades, fuel switching, and even energy audits. They also sometimes provide low-interest loans. Check with your local utility to learn which programs are available. Your business may also be eligible to receive immediate rebates or tax incentives on purchases of ENERGY STAR certified equipment. See the <a href="ENERGY STAR online Rebate">ENERGY STAR online Rebate</a> Einder to find special offers, tax breaks, and rebates from ENERGY STAR partners in your area.

Another good source of rebate information is the <u>Database of State Incentives for Renewables and Efficiency (DSIRE)</u>, which contains local, state, federal, and utility rebates. Additionally, the <u>Chambers for Innovation and Clean Energy (CICE)</u> shares information, tools and resources with chambers and their member companies about the economic benefits and opportunities associated with clean energy and innovation. The federal government and many states reward efficient building upgrades with tax incentives.

## **D.2.3 ENERGY UPGRADE GRANTS**

Grants for energy upgrades are usually better suited for larger projects that require extra funding because the process of applying for a grant requires time and resources. Because finding and applying for grants can take a large amount of time, you should implement Sure Savers (*Appendix B*) and look for rebates before you apply for grants. Energy grants come from many sources—from state and federal governments and from other organizations. Some grants require matching funding from your business; some will provide a portion of the funding for a specific type of project; others will fund a complete upgrade. Many grants are available to non-profit organizations only, so consider that you will need to perform extra research to find grants applicable to your small business.

Grant opportunities can come up quickly with short deadlines. To keep up with opportunities now and on the horizon, your business could have someone from your Energy Team track grant deadlines and requirements. You should also keep a file of past grant proposals and general information to be able to quickly put together a new proposal. Energy audit reports are often a good source of information when preparing a grant proposal. Because grants are time-consuming efforts with a quick turnaround, consider whether time spent pursuing grants may be better used elsewhere. Some current grant programs that are currently available are listed below.

State programs: Grants for efficiency upgrades vary from state to state. The Database of State Incentives for Renewables and Efficiency (DSIRE) has state-by-state listings for all renewable energy and energy efficiency financing options, including grants, loans and tax incentives. The National Association of State Energy Officials (NASEO) lists all State and Territory Energy Offices which may have state-specific funding resources.

**Small Business Administration (SBA):** The <u>SBA maintains a listing of state, local and regional grants and loans</u> that offer financial assistance to small businesses making energy efficient upgrades or developing energy efficient technologies.

Other programs: There may be other programs that offer loans and/or grants for efficiency upgrades. For example, the Office of Energy Efficiency and Renewable Energy's Better Buildings Neighborhood Program helps state and local governments develop sustainable programs to upgrade the energy efficiency of homes and buildings. The Local Government Commission (LGC) has compiled a listing of energy-related financing, incentive, and education programs.

#### D.2.4 LOANS

If you are not able to fully fund your project work through cash, grants, and other avenues, your business may want to consider taking a loan for part of the initial investment. Lenders may require a down payment on loans for energy projects. Your borrowing ability will depend on current debt load and creditworthiness. Loan payments may be structured to be equal to or slightly lower than projected energy savings, creating a positive cash flow. In this financing arrangement, your business will bear all the risks of the project and receive all the benefits. Visit the SBA listing of state, local, and regional grants and loans for more information about its loan products.

## **D.2.5 EQUIPMENT LEASING**

Instead of paying for an entire upgrade in full, your business may decide to set up a leasing agreement and make payments over time. Leasing agreements may be with a specific retailer or contractor. Laws and regulations for equipment leasing are complex and change frequently, so be sure to consult your financial advisor(s) before entering into a lease agreement. Also note that lease terms may charge a higher interest rate than a loan, so be sure your Energy Team considers the total ownership cost of leasing versus taking out a loan before deciding. For more details on equipment leasing, see <a href="Chapter 4 of the ENERGY STAR Building Upgrade Manual">Chapter 4 of the ENERGY STAR Building Upgrade Manual</a>.

#### D.2.6 PERFORMANCE CONTRACTING

Performance contracting (sometimes called "shared savings") is the most complex type of arrangement but offers your business the benefit of risk protection. It is also the costliest financing option because of the amount of monitoring and verification required and is usually used for larger scale upgrades or for larger facilities. However, even this more expensive alternative can yield a positive cash flow for your business immediately upon installation.

In a performance contract, payment for a project is contingent upon its successful operation. For an energy efficiency upgrade, services are rendered in exchange for a share of the future profits from the project. A performance contract can be undertaken with no up-front cost to your business (as the building owner) and is paid for out of the resulting energy savings. The service provider, often an ESCO, obtains financing and assumes the performance risks associated with the project. The financing organization owns the upgraded equipment during the term of the contract, and the equipment asset and debt do not appear on your balance sheet. Financing for performance contracts is based on the cost savings potential of the project. Performance contracting can be applied to purchases or leases. If your team is interested in more details on performance contracting, see <a href="Chapter 4">Chapter 4</a> of the ENERGY STAR <a href="ENERGY STAR">Building Upgrade Manual</a> and the <a href="ENERGY STAR Performance Contracting Best Practices guide">ENERGY STAR Performance Contracting Best Practices guide</a>.

## D.2.7 PROPERTY ASSESSED CLEAN ENERGY (PACE)

<u>PACE (Property Assessed Clean Energy)</u> is a means to finance energy efficiency, renewable energy, and water conservation upgrades to buildings. PACE can pay for new heating and cooling systems, lighting improvements, solar panels, water pumps, insulation, and more for almost any property such as homes, commercial, industrial, non-profit, and agricultural. It works by PACE paying for 100% of a project's costs with a 20-year repayment schedule that is added to the property's tax bill. PACE financing may stay with the building upon sale and is easy to share with tenants.

## D.2.8 GROUP PURCHASING

Another way to fund your business's projects is by reducing initial outlay through group purchasing. Why pay more than you must for efficient products and equipment? Perhaps the local Chamber of Commerce or trade/professional business association would sponsor a group purchase where you and other small businesses pool your buying power for volume discounts. Contact local retailers to see if they can set up a program for your trade association members to receive bulk discounts.

# D.3 Choose How to Finance the Project

Choosing which type of financing you will use requires a full evaluation of your options. Your Energy Team will need to consider the size of the project and then look at the factors listed below.

# **Factors to Consider when Financing the Project**

**Balance Sheet:** How much money your business has on hand versus its debts. Ensure that any investments your team makes do not leave your business with too much debt.

**Initial Payment:** A large purchase may be an obstacle for some businesses planning energy efficiency upgrades. If your business has large capital reserves or is planning a small project, it makes sense to pay for the project with cash because all the cost savings from the project will be immediately available to offset the original investment. There are financing options that can move a project forward with no initial capital outlay. If resources are tight, you may want to consider a performance contract.

**Payments:** Your business's goal is to obtain financing at a minimum cost. If your business does not have enough cash on hand to make a full purchase, determine the monthly payments (through a loan or leasing) that fit into your budget.

Ownership: If your business owns its energy efficiency upgrade equipment, it will receive all the savings; however, it is also liable for any performance risk associated with the equipment.

**Performance Risk:** There is risk associated with any investment. Energy efficiency upgrades can be low-risk investments because they apply proven technologies with long records of performance. However, the financing option your team chooses will affect who bears the risk of performance failure.

Performance risk of energy upgrades depends on the accuracy of the assumptions about maintenance, cost of energy, occupancy, and other factors. For example, lighting upgrades are typically considered a lower risk investment than HVAC investments because lighting use is largely consistent and does not vary with the outside temperature. It can be difficult to predict energy savings from HVAC upgrades because HVAC performance is impacted by the property's ventilation system (e.g. clogged ducts, vents stuck open) and other factors that may not be visible.

# D.4 CONSIDER A UTILITY BILL AUDIT

Have you considered whether your utility bills are accurate? Do you know that professional analysts say most mistakes are approximately 10% of the bill amount and are routinely repeated month after month? Professional consultants who analyze utility bills say that utilities can overcharge through calculation errors and other billing discrepancies.

Your business's utility expenses may represent a large budget expense after personnel costs. Your utility expense is an operational cost that you can reduce, not only with ENERGY STAR strategic energy and water management, but by making sure the cost is correctly calculated at the correct rate classification.

Correcting utility billing errors can generate significant savings—some as direct rebates and others as rate corrections that result in long-term savings.

Your business can undertake a no-risk audit of all your utility expenses. This audit reviews your utility bills; electricity, natural gas, heating oil, telecommunications, water, and sewer. A utility bill audit will refund and remove all erroneous and unnecessary overcharges which results in ensuring that your utility bills are 100% accurate and efficient. Utility bill audits are typically performed on a contingency basis, which means your business has no out-of-pocket expenses; you pay a percentage of any refunds recovered. If no refunds are recovered, you pay nothing. This is a potentially great source for raising capital and reducing your operational expenses.

# Appendix E - Working with Contractors

Once your team has determined projects where a contractor is required, you will need to find a contractor who will operate within your budget. You can locate a contractor by competitive bid or based on their qualifications. As you select a contractor, make sure to obtain the information listed below.

# **Information to Obtain from Prospective Contractors**

**References:** Ask the contractor to provide multiple current references for work the contractor has performed.

**Proof of license and insurance:** Make sure the contractor is licensed and insured, including workers' compensation insurance.

**Follows regulations:** Ask the contractor to certify that their work conforms to state and local regulations and codes.

**Has experience:** Make sure the contractor has experience with and will use energy-efficient equipment as specified in the project designs.

**Uses Portfolio Manager:** Check whether the contractor is involved with ENERGY STAR, or benchmarking through Portfolio Manager. This will help your property remain consistent in its approach.

**Availability and communication skills:** Check the contractor's availability and make sure they have good communication skills.

**Provides cost estimates in writing:** Ask the contractor to provide a cost estimate in writing for any work they will do before signing any contract.

ENERGY STAR has an online list of tips on hiring contractors you can review.

# E.1 SELECTING A CONTRACTOR BY COMPETITIVE BID

To select a contractor by competitive bid, issue a Request for Proposal (RFP) to which prospective contractors interested in undertaking your project will bid for the job. <u>ENERGY STAR has a sample RFP</u> to assist you in preparing this document. When evaluating contractors' bids, pay attention to the proposed scope of work they describe; not all bidders will offer to undertake all tasks listed in the RFP.

Competitive bids are useful to property managers because they allow the manager to negotiate prices between multiple contractors at once. Think of how you purchase a new car: you don't go to one dealer; you often go to several to compare and then negotiate prices. Similarly, your team can negotiate the proposed scope of work and proposed contract cost between contractors, encouraging the contractors to lower their prices and expand their proposed scope of work to remain competitive for your budget.

The downside is that competitive bids can take time, and your project must be large enough for the contractor to find it profitable. If your business wants to invest in many technologies, or to renovate a part of your building's infrastructure, a competitive bid may be the most effective option. However, if you are planning to install a few specific technologies, selecting a contractor by qualification may make more sense for your energy team.

# E.2 SELECTING A CONTRACTOR BY QUALIFICATION

When selecting a contractor by qualification, you should identify the contractors your team is interested in considering and assess their qualifications. Specifically, you should ask the questions listed in the introduction to this section and should interview past clients and references. Based on your team's evaluation of the contractor's responses and those of their past clients and references, you can decide whether to hire him/her to undertake your project.

Selecting a contractor by qualification may be preferable for some businesses, as it allows your team to work more intimately with the contractor to specify details of the work they will do and negotiate the extent to which they will assist your team. Unlike a competitive bid, selecting a contractor based on qualification does not allow you to negotiate prices or scope of work with multiple contractors simultaneously. Instead, your team will need to be familiar with the typical costs in your area for the types of projects your business is implementing.

# E.3 Performance Contract - Using an ESCO

A performance contract is where a business hires an Energy Services Company (ESCO) to develop, install, finance, and verify energy efficiency improvements. In return for the ESCO assuming the up-front costs associated with the investments, the business agrees to give the ESCO a portion of its energy savings over a period specified in the contract. Usually, ESCOs will focus on larger energy use facilities to make it worth their expense. If your business has a smaller property, it will most likely use a local contractor rather than an ESCO.

A performance contract may be attractive from an immediate financial standpoint, but the level of control exerted by the contractor may be unfavorable. The contractor will be entitled to a portion of your business's energy savings for a contractually specified length of time after the energy project is completed, limiting the amount of money saved that you can use elsewhere. However, if your business does not have the necessary resources to implement projects or monitor energy management, a performance contract may be a convenient way to overhaul your property's energy-consuming equipment and practices.

# E.4 Negotiating a Contract

The quality of your contracting experience largely will be determined by how you negotiate the contract. When drafting the contract, remember that this document will define all interactions between your team and the selected contractor. Therefore, the contract should address all stages of involvement, from planning and decision making, to documentation and monitoring of the investments after

installation. If the contractor isn't going to monitor the performance of the equipment after it has been installed, make sure that they agree to provide you with all the knowledge and resources necessary to allow your team to monitor, maintain, and manage the equipment over time.

## **E.4.1 CONTRACT SPECIFICS**

Before you sign any contract on behalf of your business, make sure the contract specifies the items listed below.

# **Contract Specifics to Confirm**

- Processes and Procedures: Processes and procedures that the contractor agrees to undertake.
- ✓ Activity Schedule: A schedule of activities, including major milestones and due dates.
- Contractor and Customer Roles: The roles of team members, both of contractor personnel and your staff. This is very important to ensure that there is no duplication of effort which may result in higher costs for the project.
- ✓ Sample Forms and Templates: Sample forms and templates the contractor will use for documentation. Review these documents and ask for clarification of any parts of the forms that are not clear.

# E.5 Managing a Contractor

When working with a contractor, the extent of your management responsibility will be defined in the contract. Usually, the day-to-day management of the project is the contractor's responsibility. As the customer, you should facilitate the contractor's work, and make sure that the contractor is adhering to the contract. Schedule regular meetings to check in with the contractor and track their progress. After the project is completed, remember to ask the contractor to provide documentation on how to maintain the installed equipment's performance, and how frequently maintenance of the equipment is recommended.

# Appendix F - Restaurants

Restaurants use about five to seven times more energy per square foot than other commercial buildings. High-volume quick-service restaurants (QSRs) may even use up to 10 times more energy per square foot than other commercial buildings. Restaurants generally use the most electricity for refrigeration, followed by lighting, then cooling. This appendix will help you target energy use in these areas and take your energy program one



step further by providing additional guidance tailored for restaurants including:

- How to profile your restaurant's energy use.
- What restaurant-specific tips can help you save energy and money.
- Where to find restaurant-specific, online resources.

# F.1 Profiling Your Energy Use

Restaurants face many challenges and opportunities for energy management, so ensuring efficient energy use is a business practice that improves profitability, reduces greenhouse gas emissions, and conserves natural resources. The following ENERGY STAR guides and resources can assist you in streamlining your business's energy needs.

- The <u>ENERGY STAR Guide for Cafés, Restaurants, and Commercial Kitchens</u> can help you identify ways to save energy and water in your restaurant, boost your bottom line, and help protect the environment. This resource also contains tips on how to upgrade your equipment and highlights best practices that can positively impact your business' daily operations.
- <u>ENERGY STAR has success stories from food service operations</u> that highlight their successes in implementing energy efficiency options.
- Make sure to purchase ENERGY STAR certified <u>Commercial Food Service Equipment for new construction</u> or to replace aging equipment. This can cut kitchen utility costs without sacrificing features, quality, or style—all while making significant contributions to a cleaner environment. When choosing equipment, consider the total cost of ownership. The purchase price is often a small portion of the total cost. Certified dishwashers, ice machines, and steam cookers also save water which helps operators lower their water and sewer bills. See how much an upgrade can save using the <u>Commercial Kitchen Equipment Savings Calculator</u>.

- Restaurants also use a significant amount of water in daily operations so check out <u>EPA's</u>
   <u>WaterSense resources</u> to identify water-efficient products and programs.
- In addition to energy waste, another avenue for waste reduction that restaurants can consider is reduction in food waste. The US generates more than 36 million tons of food waste each year. Since 2010, food waste has been the single largest component of municipal solid waste reaching landfills and incinerators. Often, simple changes in food purchasing, storage, preparation, and service practices can yield significant reductions in food waste generation. To assist in food recovery, both EPA and the USDA recommend some of the following steps: reduce the amount of food waste being generated, donate excess food to food banks, soup kitchens, and shelters; provide food scraps and fats to farmers for feed and rendering; donate oil for fuel and food discards for animal feed production; recycle food scraps into a nutrient rich soil amendment such as compost. These steps will all significantly improve your waste impact, but you can take it a step further by joining the EPA's Food Recovery Challenge (FRC).

# F.2 TIPS FOR ENERGY SAVING AT YOUR RESTAURANT

Refer to *Appendix B* for general information on lighting, HVAC, as well as other equipment, such as kitchen equipment and copy machines. Inefficient equipment/lighting not only draws power, but also emits heat that can contribute to higher cooling bills.

#### F.2.1 RESTAURANT EQUIPMENT

ENERGY STAR certification currently is available in eight product categories: commercial hot food holding cabinets, refrigerators and freezers, fryers, steam cookers, ice makers, ovens (convection and combination ovens), griddles, and dishwashers. These energy-efficient products offer energy savings of 10 to 70 percent over standard models, depending upon the product category. Here are some specific tips for your restaurant:

- Maintain and repair. Leaky walk-in refrigerator gaskets, freezer doors that do not shut, cooking
  appliances that have lost their knobs—all these "energy leaks" add up to money wasted each
  month. Don't let everyday wear and tear drive up your energy bills.
- **Cut idle time.** If you leave your equipment ON when it is not performing useful work, it costs you money. Implement a startup/shutdown plan to make sure you are using only the equipment that you need, when you need it. Establish and post operating procedures for cooking/baking equipment (for instance, preheating only when necessary, turning down/off equipment when not in use).
- Select ENERGY STAR certified appliances. If you're in the market for new equipment, think in terms
  of life-cycle costs, which include purchase price, annual energy costs, and other long-term costs
  associated with the equipment. While high-efficiency appliances could cost more up front,
  significantly lower utility bills can make up for the price difference. Be sure to ask your dealer or
  kitchen designer to supply you with ENERGY STAR certified equipment.
- Recalibrate to stay efficient. The performance of your kitchen equipment changes over time.

  Thermostats and control systems can fail, fall out of calibration, or be readjusted. Take the time to

do a regular thermostat check on your appliances, refrigeration, dish machines, and hot water heaters and reset them to the correct operating temperature.

Cook wisely. Ovens tend to be more efficient than rotisseries; griddles tend to be more efficient
than broilers. Examine your cooking methods and menu; find ways to rely on your more energy
efficient appliances to cook for your customers.

#### • Refrigeration Management.

- Your refrigeration is designed for worst case temperatures in your climate. Floating head and suction pressure controls react to actual ambient temperatures to maintain necessary temperatures for savings.
- Defrost Controls use sensors to intelligently sense when evaporator coils need defrosting, and only then consume the energy necessary to perform that operation.
- Check that refrigerator coils are clean and free of obstructions.
- Electronically commutated motors (ECMs) can be programmed to speed or slow motors based on cooling needs, offering significant savings over evaporator fans in walk-in coolers and over split capacitor and shaded-pole motors in refrigerated cases.
- Anti-sweat controls monitor both humidity and temperature and humidity to activate heaters in cooler and freezer doors only when needed to prevent condensation.
- o Install strip curtains and keep condenser and evaporator coils clean.
- o If possible, be sure heating equipment is not near cooling equipment.
- Verify oven thermostat accuracy and have recalibrated if necessary.

#### F.2.2 LIGHTING

Lighting is a significant energy user—averaging 13% of the total energy breakdown of a restaurant—and is a great place to start an efficiency upgrade. Lighting products that have earned the ENERGY STAR deliver exceptional features, while using less energy. ENERGY STAR certified lighting products combine quality and attractive design with the highest levels of energy efficiency available today. ENERGY STAR certified fixtures typically use one-quarter of the energy consumed by traditional lighting, and they distribute light more efficiently and evenly than standard fixtures. Be sure to use the <a href="ENERGY STAR">ENERGY STAR</a> Lighting Options for Restaurants and Commercial Kitchens guide as a resource. Specific tips include:

- Employ bi-level switching. Bi-level switching allows you to control a lighting system in groups of
  fixtures or lamps. For example, bi-level switching allows you to turn off half of the lights in a room
  off when full illumination is not required.
- **Dim the lights.** Dimmers are available for LEDs. Daylight dimmers are special sensors that automatically dim room lights based on the amount of free and natural daylight available.
- Try daylight sensors (photocells). A common inefficiency of exterior lighting systems is a tendency to "dayburn," leaving exterior lights on during the day, wasting energy and money. This problem can

be prevented by installing daylight sensors that turn the lights on and off automatically based on daylight.

- Swap old Open/Closed and EXIT signs with LED lighting for additional energy savings.
- Turn off lights in unoccupied areas and where daylight is sufficient.
- **Install occupancy sensors** in closets, storage rooms, break rooms, and restrooms. Check the manufacturer's website for compatibility with controls.
- Assess cleanliness of lamps/fixtures (dust, bugs, any debris) and the need to institute a regular cleaning plan for maximum light output.

# F.2.3 HEATING AND COOLING

<u>ENERGY STAR certified Light Commercial HVAC (LCHVAC) equipment</u> can save a good deal of money for your facility per year—depending on your current use. To save additional energy in your facility, look for ENERGY STAR ventilating fans for bathrooms and ceilings. <u>ENERGY STAR certified ventilating fan models</u> use 70 percent less energy than standard models, and certified ceiling fan/light combination units are over 50 percent more efficient than conventional units. Here are some tips you can employ in your restaurant:

- Change your air filter regularly. Check your filter every month, especially during heavy use months (winter and summer). If the filter looks dirty after a month, change it. At a minimum, change the filter every 3 months. A dirty filter will slow down air flow and make the system work harder to keep you warm or cool—wasting energy.
- Tune up your HVAC equipment yearly. Just as a tune-up for your car can improve your gas mileage,
  a yearly tune-up of your heating and cooling system can improve efficiency and comfort. Use the
  ENERGY STAR Maintenance Checklist as a guide.
- **Install a programmable thermostat.** A programmable thermostat is ideal for spaces that are unoccupied during set periods of time throughout the week.

Although kitchen ventilation is not covered by the ENERGY STAR Program, if you are getting ready to design a new kitchen or renovate an old one, review the 6-part design guide series by California Energy Wise.

You can also cut down on heat and smoke spillage in your kitchen by adding inexpensive side panels to hoods and turning off exhaust hood when appliances aren't being used. Another option is a demand-based exhaust control system which uses sensors to monitor your cooking and varies the exhaust fan speed to match your ventilation needs.

# F.3 ADDITIONAL RESOURCES AND LINKS

In addition to the guides and resources mentioned in this Appendix, the following can be useful information for restaurants and food service operations.

- ENERGY STAR Rebate Finder
- The Pacific Gas and Electric Food Service Technology Center
- Green Restaurant Association
- The National Restaurant Association's Conserve Program
- International Council on Hotel, Restaurant, and Institutional Education

# Appendix G - Auto Dealers

Considering that auto dealerships use, on average, more energy per square foot than a typical office building (110kBTU and 93kBTU respectively), it's important for dealers to explore all their energy efficiency options. Fortunately, there are many cost-effective opportunities that exist for significant reductions in energy usage. These opportunities focus on auto dealershipspecific areas of energy use such as compressors, paint booths, lighting, and



HVAC, while still maintaining quality, safety, and customer comfort as top priorities. This appendix is designed to help auto dealers make smart energy decisions that can save time and money.

# G.1 TIPS FOR ENERGY SAVING AT YOUR DEALERSHIP

Be sure to refer to *Appendix B* which includes additional information on lighting, HVAC, windows and walls, kitchen equipment, as well as office equipment such as computers and copy machines. <u>ENERGY STAR has materials for automobile dealerships</u> and you may also consider referring to the <u>ENERGY STAR Building Upgrade Manual</u> as a resource.

#### G.1.1 COMPRESSORS

When selecting a compressor, remember that in addition to your specific performance needs, compressor types consume energy at different rates. Look at the following list to see what each compressor type offers:

Reciprocating compressors. This design uses a piston to maintain
pressure in a tank. It is prone to heat build-up in the compressor
head and condensation build-up. Reciprocating compressors are
available in a variety of capacities, require moderate
maintenance, and are easy to rebuild.



The National Automobile
Dealers Association (NADA)
has partnered with the EPA
since 2007 to help dealers
save energy and money
through cost-effective energy
efficiency opportunities.

- **Scroll compressors.** Use a rotating scroll to compress air. They generally are more efficient than reciprocating designs and deliver greater volume and good pressure.
- **Centrifugal compressors.** Typically used for large shops, they provide large quantities of air at relatively low pressures. They are low-maintenance and can be energy-efficient when run at 80 percent or greater peak capacity throughout the day. They are inefficient at lower capacities.

#### For efficient compressor operation:

- Periodically check belts for wear and tension.
- Lubricate moving parts per manufacturer's maintenance recommendations.
- Frequently empty water separators.
- Change air-filters at manufacturer-recommended intervals. Consult a compressor product and service provider to determine the most appropriate system size and energy efficiency for the facility.

#### **G.1.2 PAINT BOOTHS**

Paint booths are energy intensive. Automotive refinishing often involves HVLP (High-volume, Low-pressure) guns that require large volumes of air and ventilation systems necessary to remove vapors and particulates from the booths. However, today's paint booths are much more efficient than those available just five to ten years ago, with manufacturers offering premium motors, improved airflow and ducting, variable speed drives and controls, and more efficient lighting. When selecting a new paint booth, ask suppliers if they incorporate these features and if they have data comparing the efficiency of their booths to other manufacturers'. For existing booths, consult booth suppliers and/or a qualified electrician to determine if cost-effective energy-efficient features can be retrofitted.

#### G.1.3 CAR WASH AND DETAILING FACILITIES

Many dealerships have on-site vehicle washing centers or bays. These range from simple pressure washers to automated car washes with rollers and dryers. These washers can be extremely energy- and water-intensive resulting in significant energy costs.

#### For any new construction, consider the following:

- At a minimum, HID lighting such as metal halide lamps should be specified and, in many applications, T8 lamps will provide better energy efficiency.
- Where electricity is the only fuel available, consider heat pumps for water heating. By concentrating
  existing heat, heat pumps cost much less to operate than electric resistance heating and sometimes
  even gas heating units.
- Where gas is the primary water heating fuel, carefully evaluate boiler efficiencies, looking for a minimum 8% annual fuel use efficiency (AFUE).
- Maintain boilers regularly, checking for combustion efficiency and sediment.
- Specify NEMA premium motors and consider variable speed drives.
- Evaluate water reclamation systems as they can reduce water use by up to 60 percent.

#### G.1.4 BAY DOORS

Bay doors may open and close dozens of times a day as motor vehicles enter and exit, increasing heating and cooling loads. In some facilities, these doors are left open unnecessarily for long periods of time. To reduce energy losses from bay doors:

- Check seals to minimize air infiltration. Replace missing cracked or hardened seals.
- For new doors, specify interior and exterior thermal breaks and R-10 or greater.

- For new installations, specify automatic sensor-driven bay door actuators to ensure that doors close immediately after vehicles or persons enter or exit. Newer high-speed units safely close doors in a fraction of the time older units take.
- Educate employees on the energy efficiency value of keeping doors shut. Bay doors open and close dozens of times a day, increasing heating and cooling loads. Train employees not to leave these doors unnecessarily open for long periods of time.

#### G.1.5 SPECIALTY TASK LIGHTING IN SHOP AREAS

Shop areas require a variety of specialty task lighting. These include mobile task lights, such as the work or "drag" lights used to illuminate vehicles during servicing. Older drag lights use incandescent lamps or halogen bulbs, both of which are energy-intensive and inefficient; instead switch to LED illuminated drag and mobile lights. The advantages of these energy-efficient drag lights include:

- Reduced energy consumption. Incandescent drag lights use 60 to 100 watts while LED drag lights use 5 to 8 watts.
- Increased safety. Incandescent and halogen drag lights can cause severe burns; LED drag lights will
  not. Find ENERGY STAR certified lighting online.
- Improved Durability. Incandescent and halogen drag lights are prone to filament and lamp breakage. LED lighting, which is solid state, is very resistant to impacts.

# Appendix H - Hotel/Motel

The United States' 47,000 hotels and motels spend about 6% of their operating costs on energy each year. The varied nature of the physical facilities and activities that they host can make energy (and water) management especially challenging. Whether the facility is a large convention hotel, part of a national chain, or a small inn or motel, it is important that you tailor your energy plan for your business's individual needs. The opportunities for enhanced



guest comfort, longer equipment life, lower operating costs, and an improved corporate image make pursuing energy efficiency worthwhile.

According to the U.S. Energy Information Administration, hotels and motels generally use the most electricity for lighting, followed by cooling. However, before you fine-tune your energy program, remember to first use this Small Business Action Workbook as a resource to help you make simple no-and low-cost changes that can affect your bottom-line energy consumption. This appendix provides additional guidance tailored for hotels and motels that includes:

- How to profile your energy use.
- Tips that can help you save energy and money.
- Where to find hotel- and motel-specific online resources.

# H.1 Profiling Your Energy Use

Hotel and motel buildings may use energy for many reasons, including variable equipment efficiency and energy management practices, as well as variations in climate and business activities. Business activity and climate are often correlated with energy consumption. For example, hotels that have more workers per square foot, more commercial refrigeration units per square foot, and/or experience more cooling degree days (CDD) use more energy, on average.

Hotels and motels operate 24 hours a day, hosting guests and offering various services and amenities. Guest rooms, public lobbies, banquet facilities and restaurants, lounges, offices, retail outlets, and swimming pools occupy the building or multiple buildings. Ice machines, vending machines, and game rooms are often scattered throughout the facilities. Laundries and kitchens are typically located on-site. The variety of services and amenities provided, and the need to operate around the clock mean that hotels and motels present abundant opportunities for energy savings.

ENERGY STAR partners in the hospitality industry have greatly reduced their expenditures on energy through measures such as lighting upgrades in guest rooms, lobbies, and hallways; occupancy-based guest-room energy controls; and the installation of energy-efficient water heating equipment, while still providing benefits for hotel guests, owners, operators, and shareholders.

# H.2 TIPS FOR ENERGY SAVING AT YOUR HOTEL

Be sure to refer to *Appendix B* which includes additional information on lighting and HVAC. Another resource you may want to consider is the <u>ENERGY STAR Building Upgrade Manual</u>. This manual is a comprehensive guide to energy efficiency upgrades presented in an easy-to-understand framework. <u>Chapter 12 of that manual</u> provides resources and assistance that can help your hotel or motel achieve exemplary energy-performance goals.

#### H.2.1 LIGHTING

Lighting represents almost a quarter of all electricity consumed in a typical hotel, not including its effect on cooling loads. Lighting retrofits can reduce lighting electricity use by 50 percent or more, depending on the starting point, and cut cooling energy requirements by 10 to 20 percent as well. Here are a few basic strategies to make your lodging facilities more energy efficient:

- **Install timers** on bathroom heat lamps and consider connecting bathroom exhaust fans to light switches to reduce excessive operation.
- Use Daylighting. Natural daylight has been shown to improve a hotel's indoor environment while
  reducing energy use and peak demand. Whenever possible, any lighting renovation should start by
  using daylighting as much as possible and reducing electric lighting accordingly.
- Update lighting with <u>ENERGY STAR certified LED bulbs</u>. In back-room areas such as kitchens and office space, incandescent and T12 fluorescent lamps can be replaced with LEDs and high-performance T8 lamps and electronic ballasts, a combination that can reduce lighting energy consumption by 35 percent. In guest rooms, LEDs are becoming the standard for table, floor, and reading lamps, and in recessed and vanity lighting in the bathroom.
- Install occupancy sensors. Occupancy sensors detect the motion of room occupants, turning off lights in unoccupied areas and turning them back on when movement is detected. Occupancy sensors save energy and help to reduce maintenance costs. Turning fluorescents off for 12 hours each day can extend their expected calendar life by 75 percent, nearly seven years. In large restrooms, ceiling-mounted ultrasonic occupancy sensors detect occupants around partitions and corners. For hallways, use a combination of scheduled lighting and dimming plus occupancy-sensor controls after hours. Guests may not like a totally darkened hallway, but dim lights in unoccupied hallways and stairwells that turn to full brightness when someone enters is a sensible approach. Occupancy sensors are also appropriate for meeting rooms and back rooms.
- Assess cleanliness of lamps/fixtures (dust, bugs, any debris) and the need to institute a regular cleaning plan for maximum light output.
- If upgrading your exterior lighting, consider "shielded" fixtures to direct the light where needed and reduce "light pollution."

#### H.2.2 HEATING AND COOLING

Heating and cooling represent almost 40 percent of the electricity and more than half of the natural gas used by hotels and motels. Many hotels heat and cool rooms regardless of whether they are occupied, despite studies having shown that hotel rooms are unoccupied for 12 hours a day on average.

- Link your energy management system (EMS), reservation system, and automated check-out system together to keep an unsold room ventilated but with minimal heating or cooling. A sold room can be heated or cooled to a comfortable temperature an hour before a guest's scheduled arrival. Once the guests arrive in the room, they can then adjust the temperature as they like until they check out, when the HVAC system returns to the unsold mode. An EMS can enhance guest comfort while reducing energy costs by 35 to 45 percent, for a return on investment of 50 to 75 percent.
- Seal cracks around windows, doors, and through-the-wall or window type HVAC units with caulk; weather-strip doors and operable windows.
- Change your air filter regularly. Check your filter every month, especially during heavy use months (winter and summer). If the filter looks dirty after a month, change it. At a minimum, change the filter every 3 months. A dirty filter will slow down air flow and make the system work harder to keep you warm or cool—wasting energy.
- Tune up your HVAC equipment yearly. Just as a tune-up for your car can improve your gas mileage, a yearly tune-up of your heating and cooling system can improve efficiency and comfort.
- **During periods of low occupancy**, close entire wings or floors and reduce lighting and HVAC systems in these areas.
- Assign guests to adjoining rooms to allow the heating and cooling of occupied rooms to act as a buffer or insulator.

#### H.2.3 HOUSEKEEPING, MAINTENANCE, AND MANAGEMENT

- Housekeepers can turn off guest room lights, televisions, heating or cooling, and radios when rooms are unoccupied.
- Reduce heat gain in the summer and heat loss in the winter by closing window draperies and shades when exiting guest rooms.
- Educate your housekeeping staff to use natural lighting when making up and cleaning guest rooms, limiting their use of artificial light.
- Repair leaking water fixtures immediately. <u>Use WaterSense fixtures to save water throughout the</u> facility.
- Always buy ENERGY STAR certified products for your business. The ENERGY STAR mark indicates
  the most efficient computers, printers, copiers, televisions, windows, thermostats, ceiling fans, and
  other appliances and equipment.
- <u>Use power management features</u>. Place computers (CPU, hard drive, etc.) into a low power "sleep mode" after a designated period of inactivity. You can also purchase a commercial software power management package.

# H.3 RESOURCES AND LINKS

Additional resources and links for energy efficiency in hotels and motels includes:

- ENERGY STAR DataTrends: Energy Use in Hotels
- SBA Information on Energy Efficiency and Lodging
- International Council on Hotel, Restaurant, and Institutional Education
- Green Globe
- Green Hotels Association
- Green Restaurant Association
- Green Seal

# Appendix I - Commercial and Nonprofit Offices: Owners and Tenants

According to the U.S. Energy Information
Administration, office spaces generally use the most electricity for lighting, followed by cooling, then computers. However, before you fine-tune your energy program with office-specific energy upgrades, remember to first refer to the Small Business Action Workbook. This resource will help you make simple no- and low-cost changes that can affect your bottom-line energy consumption; and remember these apply to all businesses. If you rent office space, take an active role in improving the efficiency of your building by



contacting your landlord and collectively establishing performance goals.

This appendix will help you take your energy program one step further by providing additional guidance tailored for office space that includes:

- How to profile your office's energy use.
- What office-specific tips can help you save energy and money.
- Where to find office-specific online resources.

## I.1 Profiling Your Energy Use

If your business mainly consists of office space, you face specific challenges and opportunities regarding energy management. For example, if your business rents office space, you may need to coordinate energy efficient projects with your landlord and/or co-tenants. Facilities that are not active 24 hours a day can benefit from managing lighting, heating and cooling, and equipment use. Make sure to turn these services down or off when not in use.

If you are a tenant, ENERGY STAR has published <u>Successes in Sustainability: Landlords and Tenants Team Up to Improve Energy Efficiency</u>. This 28-page report profiles several commercial real estate owners, managers, and tenants who are tapping into the power of collaboration to overcome barriers to create high-performance, sustainable buildings.

EPA's <u>ENERGY STAR DataTrends</u>: <u>Energy Use in Office Buildings</u> examines benchmarking and trends in the energy and water consumption in office spaces. Overall, office spaces have no "typical operating profile." Energy use intensity (EUI) varies widely, ranging from less than 100 kBtu per square foot to more than 1,000 kBtu per square foot across all office buildings.

# I.2 Specific Resources for Non-Profit Offices

Many non-profit organizations operating in the United States are based in offices and can use the energy saving information included below (for those non-profits with other types of properties, <u>ENERGY STAR most likely has resources for you as well</u>). Many non-profit organizations operate with a mission to advance social causes or advocate for specific groups on a limited budget. Being able to highlight the organization's role in conserving energy (and money) is likely attractive to donors, members, and employees. Energy efficiency solutions can be simple and low-cost; while having a measurable impact on energy savings for the organization.

Due to the financial structure of many non-profits, paying upfront for efficiency upgrades may not be feasible. Many organizations can qualify for federal, state, and local incentives for energy efficiency upgrades that are specifically targeted toward non-profits. However, since non-profits are tax-exempt organizations, they do not qualify for incentives that are in the form of tax rebates or credits. The <a href="Database of State Incentives for Renewables and Efficiency (DSIRE)">Database of State Incentives for Renewables and Efficiency (DSIRE)</a> provides specific information on federal, state, and utility programs to promote renewable energy and energy efficiency. Non-profit organizations should also consider grant opportunities from foundations and other organizations that support energy efficiency upgrades. Although proposals take time and resources, a successful application can provide funds that the non-profit would not have been easily able to identify otherwise.

# 1.3 TIPS FOR ENERGY SAVING AT YOUR OFFICE

Be sure to refer to *Appendix B* which includes additional information on lighting, HVAC, and computers (as well as other office equipment, such as kitchen equipment and copy machines). Inefficient office equipment not only draws power, but also emits heat that can contribute to higher cooling bills. Another resource to consider is the ENERGY STAR Building Upgrade Manual.

#### I.3.1 LIGHTING

Lighting products that have earned the ENERGY STAR deliver exceptional features while using less energy. ENERGY STAR certified lighting products combine quality and attractive design with the highest levels of energy efficiency. ENERGY STAR certified fixtures typically use one-quarter the energy of traditional lighting and distribute light more efficiently and evenly than standard fixtures. In addition to bulbs and fixtures themselves, your office can employ lighting controls and/or sensors to reduce energy use. Here are some office lighting tips:

- Employ bi-level switching. Bi-level switching allows you to control a lighting system in groups of
  fixtures or lamps. For example, bi-level switching allows you to turn off half of the lights in a room
  off when full illumination is not required.
- **Dim the lights**. Dimmers are available for LEDs. Daylight dimmers are special sensors that automatically dim room lights based on the amount of free and natural daylight available.
- **Install occupancy sensors**. Occupancy sensors detect the motion of room occupants, turning off lights in unoccupied areas and turning them back on when movement is detected.

- Try daylight sensors (photocells). A common inefficiency of exterior lighting systems is a tendency to "dayburn," leaving exterior lights on during the day, wasting energy and money. This problem can be prevented by installing daylight sensors that turn the lights on and off automatically.
- Assess cleanliness of lamps/fixtures (dust, bugs, any debris) and the need to institute a regular cleaning plan for maximum light output.
- If upgrading your exterior lighting, consider "shielded" fixtures to direct the light where needed and reduce "light pollution."

#### **1.3.2 HEATING AND COOLING**

Although heating and cooling systems provide a useful service by keeping employees comfortable, they also account for a significant portion of a building's energy use—typically about a quarter. However, it is possible to lessen this impact in both central and unitary systems by increasing their efficiency. For more information, see the <a href="ENERGY STAR Guide to Energy-Efficient Heating and Cooling">ENERGY STAR Guide to Energy-Efficient Heating and Cooling</a>. Here are some tips you can employ in your office space:

- Change your air filter regularly. Check your filter every month, especially during heavy use months (winter and summer). If the filter looks dirty after a month, change it. At a minimum, change the filter every 3 months. A dirty filter will slow down air flow and make the system work harder to keep you warm or cool—wasting energy.
- Tune up your HVAC equipment yearly. Just as a tune-up for your car can improve your gas mileage,
  a yearly tune-up of your heating and cooling system can improve efficiency and comfort. Use the
  ENERGY STAR Maintenance Checklist as a guide.
- Install a programmable thermostat. A programmable thermostat is ideal for office spaces that are
  unoccupied during set periods of time throughout the week. Through proper use of preprogrammed settings, a programmable thermostat can save you about \$180 every year in energy
  costs.
- Seal your heating and cooling ducts. Ducts that move air to-and-from a forced air furnace, central
  air conditioner, or heat pump are often big energy wasters. Sealing and insulating ducts can improve
  the efficiency of your heating and cooling system by as much as 20 percent and sometimes much
  more. See the <u>ENERGY STAR Duct Sealing brochure</u> for more information.

#### 1.3.3 COMPUTERS AND OTHER OFFICE EQUIPMENT

ENERGY STAR certified computers deliver substantial savings over standard models. In fact, if all computers sold in the U.S. were <a href="ENERGY STAR certified products">ENERGY STAR certified products</a>, the U.S. would avoid 15 billion pounds of greenhouse gas emissions annually (more than \$1 billion in energy costs). Desktops, integrated desktops, notebook (laptop) computers, workstations, and small-scale servers are all eligible to earn the ENERGY STAR. Check out <a href="ENERGY STAR computers for consumers">ENERGY STAR certified</a> computer specifications and buying guidance. You can also estimate your office's savings potential for computers and laptops using the <a href="ENERGY STAR Office Equipment Savings Calculator">ENERGY STAR Office Equipment Savings Calculator</a>. Here are some tips to consider for computers and other equipment in your office:

- Always buy ENERGY STAR certified products for your business. The ENERGY STAR mark indicates
  the most efficient computers, printers, copiers, televisions, windows, thermostats, ceiling fans, and
  other appliances and equipment.
- **Use power management features.** <u>Place computers (CPU, hard drive, etc.) into a low power "sleep mode" after a designated period of inactivity</u>. You can also purchase a commercial software power management package.
- Print double sided pages; much more energy is used in the manufacturing and distributing of paper than the actual printing at your office.
- Many offices have a variety of kitchen appliances such as refrigerators and dishwashers. ENERGY
  STAR certified appliances incorporate advanced technologies that use 10% to 50% less energy and
  water than standard models.
- Maintain an airgap of at least three inches between the back of refrigerators, water coolers, and freezers and the wall. Also, keep condenser coils clean.
- Use timers to ensure that coffee maker heating elements are not operating during off hours.
- Use dishwashers only when full to conserve energy, water, and detergent.

# Appendix J - Grocery and Convenience Stores

As a grocery or convenience store owner/operator, you understand that energy management is a top priority in the success and sustainability of your business. Therefore, it's important to seek out new ways to reduce your daily energy usage, whether it's by optimizing current energy use or embedding energy awareness in your company's culture. This section will be a resource to help you build an energy efficiency program that works for your



business. This appendix is organized in the following sections:

- How to profile your store's energy use.
- Specific tips to save energy and money.
- Additional links and resources for your store.

#### J.1 Profiling Your Energy Use

The food-sales industry shares many of the energy-related challenges seen in other business sectors, such as lighting, heating and cooling, appliances, etc., but what sets it apart is its high dependence on refrigeration. For supermarkets, grocery stores, or convenience stores, refrigeration may use up to 40 percent of the property's total energy. That's why it's important to maintain refrigeration systems and to learn about the multitude of energy efficiency options available in today's market. Better technology and improved practices can be applied to all types of refrigeration equipment, such as reach-in, walk-in, and under the counter refrigerators/freezers, as well as a multitude of food/drink storage units and display cases. The following tips are designed to help your business improve the efficiency of its refrigeration, thereby reducing operating costs, saving energy, and preventing pollution.

## J.2 TIPS FOR ENERGY SAVING AT YOUR GROCERY/CONVENIENCE STORE

If you'd like to have some general information on how to improve energy use at your place of business, please refer to *Appendix B*. The following are helpful tips designed specifically for grocery and convenience stores:

#### J.2.1 REFRIGERATION

- Purchase <u>ENERGY STAR certified</u> refrigerators and freezers which can save you energy and money over time. You may be able to find <u>rebates for your purchase from ENERGY STAR Partners</u>. ENERGY STAR has additional resources for commercial food service partners such as a <u>list of certified</u> <u>products</u> and a <u>refrigerator</u> and freezer fact sheet.
- Keep the doors of all refrigeration and freezer units shut as much as possible as repeated fluctuations in temperature will damage food quality and cost money.
- Check the temperature settings of your units. If the temperature is set lower than necessary, you are probably wasting energy. The most common recommended settings are between -14° and -8° Fahrenheit for freezers and between 35° and 38° Fahrenheit for refrigerators. Your refrigeration is designed for worst case temperatures in your climate. Floating head and suction pressure controls react to actual ambient temperatures to maintain necessary temperatures for savings.
- Clean the cooling coils on the backs of all units. Over time, dirt accumulation impairs proper heat
  transfer and lowers the efficiency and capacity of refrigerators. As you clean dirt and dust, watch for
  ice accumulation on coils and remove that as well. Defrost Controls use sensors to intelligently sense
  when evaporator coils need defrosting, and only then consume the energy necessary to perform
  that operation.
- Ensure that the door seals on your units close tightly. Having tight seals and properly closing doors prevents warm air from entering the unit, reducing energy required for cooling and preventing frost build up. If you can easily slide a dollar bill into the seal, have the seal adjusted.
- **Electronically commutated motors (ECMs)** can be programmed to speed or slow motors based on cooling needs, offering significant savings over evaporator fans in walk-in coolers and over split capacitor and shaded-pole motors in refrigerated cases.
- Anti-sweat controls monitor both humidity and temperature and humidity to activate heaters in cooler and freezer doors only when needed to prevent condensation.
- Alcohol and soft drinks don't have to be chilled to the lower temperatures required for food.
- Refrigerated case lighting should be LED.

#### J.2.2 LIGHTING

Lighting products that have earned the ENERGY STAR deliver exceptional features, while using less energy. ENERGY STAR certified lighting products combine quality and attractive design with the highest levels of energy efficiency available today. ENERGY STAR certified fixtures typically use one-quarter the energy of traditional lighting and distribute light more efficiently and evenly than standard fixtures. In addition to bulbs and fixtures themselves, your store can employ lighting controls and/or sensors to reduce energy use.

- Consider purchasing an inexpensive light meter (under \$30) to easily assess if any areas are over-lit
  or under-lit, compared to requirements or design levels.
- Run the numbers for savings on LED upgrades for canopy and exterior lighting, signage, in the ceilings, in-case lighting, restroom and storage.

- Evaluate the opportunity to upgrade to more energy-efficient lighting options everywhere:
  - Replace T12 fluorescents with T8s or T5s with electronic ballasts (removing obsolete magnetic ballasts) or consider the use of tubular LEDs (TLEDs).
  - Upgrade incandescent and CFL bulbs to dimmable LED (especially for task lighting or specialty/decorative applications, such as ambient lighting in customer waiting areas).
  - Replace incandescent or CFL exit signs with an LED model, or LED retrofit kit.
  - Recycle/dispose of all fluorescent tubes/CFLS and magnetic ballasts properly at your lighting or building supply store.
- **Identify any lights** that are routinely left on in unoccupied spaces (including offices, restrooms, storage, hallways, etc.) Consider opportunities to use automated lighting controls:
  - o Occupancy/motion sensors for low-traffic areas, especially restroom and storage.
  - o Timers or daylight sensors to turn off exterior and parking lot lights during the day.
- Confirm that lighting controls are installed to "see" what they must and are operating as intended.
- **During the day, look for "day-burners"** exterior and parking lot lighting that is on and should only be on at night, and which has a failed or dirty light sensor.
- If upgrading your exterior lighting, consider "shielded" fixtures to direct the light where needed and reduce "light pollution."
- Assess cleanliness of lamps/fixtures (dust, bugs, any debris) and the need to institute a regular cleaning plan for maximum light output.
- Identify where reflectors can be practically added to amplify existing lighting.
- Consider de-lamping any areas where lights are too bright, causing glare. De-energize and/or remove ballasts of fluorescent fixtures that are not in use.

### J.2.3 HEATING AND COOLING

Although heating and cooling systems provide a useful service by keeping customers and employees comfortable, they also can account for a significant portion of a building's energy use. For more information, see the <a href="ENERGY STAR Guide to Energy-Efficient Heating and Cooling">ENERGY STAR Guide to Energy-Efficient Heating and Cooling</a>. Here are some tips you can employ in your retail space:

- Change your air filter regularly. Check your filter every month, especially during heavy use months (winter and summer). If the filter looks dirty after a month, change it. At a minimum, change the filter every three months. A dirty filter will slow down air flow and make the system work harder to keep you warm or cool—wasting energy.
- Tune up your HVAC equipment yearly. Just as a tune-up for your car can improve your gas mileage,
  a yearly tune-up of your heating and cooling system can improve efficiency and comfort. Use the
  ENERGY STAR Maintenance Checklist as a guide.

- Install a programmable thermostat. A programmable thermostat is ideal for areas that are
  unoccupied during set periods of time throughout the week. Rooms that have minimal traffic (such
  as stock rooms and warehouses) should be kept cooler in the winter and warmer in the summer.
- Seal your heating and cooling ducts. Ducts that move air to-and-from a forced air furnace, central
  air conditioner, or heat pump are often big energy wasters. Sealing and insulating ducts can improve
  the efficiency of your heating and cooling system by as much as 20 percent and sometimes much
  more. See the ENERGY STAR Duct Sealing brochure for more information.

# J.3 RESOURCES AND LINKS

In addition to the resources highlighted throughout the text in this section, the following online resources that can help you and your employees learn more about energy use and energy efficiency.

- ENERGY STAR Building Upgrade Manual
- EnergySmart<sup>™</sup> Grocer from the National Grid
- Air Conditioning, Heating, and Refrigeration Institute (AHRI)

# Appendix K - Small and Medium Manufacturers

In the U.S., industries spend over \$100 billion annually to power their manufacturing plants. As a manufacturer, you understand that energy management is a top priority in the success and sustainability of your business. Therefore, it's important to seek out new ways to reduce energy in your daily usage, whether it's by optimizing current energy use or embedding energy awareness in your company's culture. This section will be a



resource to help guide you through additional savings energy-saving strategies including:

- How to profile your plant's energy use.
- Manufacturing-specific tips to save energy and money.
- Additional links and resources for your plant and business.

## K.1 Profiting Your Energy Use

Energy is used throughout industrial facilities. Fuels heat materials in furnaces or generate hot water and steam in boilers. Steam dries, heats, or separates product flows. Electricity powers motor systems for air conditioning, lighting, and appliances. Motor systems pump fluids and compress gases or air and move them around. Compressed air drives machinery. ENERGY STAR research has demonstrated that all these systems offer considerable potential for energy-efficiency improvement and energy cost reductions, for nearly all facilities. If you reduce your energy cost per product, then you can use savings to grow market share.

Despite the diversity in energy end uses, in most plants just a few pieces of equipment consume most fuel or electricity. Each plant's energy use distribution may be unique, but there are overall patterns in energy use across manufacturing. Motor systems use the greatest amount of electricity in most industrial facilities, followed by process heating and cooling, building HVAC, and lighting. Process heating, boiler fuel, and combined heat and power (CHP), and/or cogeneration processes typically dominate fuel use. Energy savings are dollars that you would have to pay your utility. Why not save them for your business priorities?

The <u>ENERGY STAR publication, Small and Medium Sized Manufacturer's Guide to Energy Management</u> is an excellent resource for energy savings. This guide contains easy-to-use information that identifies multiple opportunities for plants to increase efficiency and cut costs.

If you'd like a resource for instructing employees, tour the ENERGY STAR animated manufacturing plant. This interactive tool shows where you can save energy in industrial buildings and manufacturing plants—to raise awareness among staff and workers on the benefits and best-practices of energy use in a manufacturing facility while highlighting the environmental benefits of responsible production. ENERGY STAR also has a webpage listing of all industrial-related products, tools, and resources.

E3: Economy, Energy and Environment is a federal technical assistance framework helping communities, manufacturers, and manufacturing supply chains adapt and thrive. EPA and five other federal agencies have pooled their resources to create E3 to support small and medium-sized manufacturers country reduce pollution and energy use while increasing profits and creating new job opportunities.

## K.2 TIPS FOR ENERGY SAVING AT YOUR MANUFACTURING PLANT

This section serves as a sample of cost-effective, manufacturing-specific tips and strategies that can help you reduce energy consumption. Strategies in this section address hot water and steam, compressed air, motors, and basic manufacturing practices. The information in this appendix is intended to help energy and plant managers achieve energy reductions while maintaining product quality.

#### K.2.1 MOTOR SYSTEMS

**Manage Motor Systems.** Motors are found in your process equipment, HVAC systems, air compressors, and other systems. The following steps are suggested for managing your motor systems:

- Locate and identify all motors in the facility.
- Document conditions and specifications of each motor to provide a current systems inventory.
- Assess the needs and the actual use of the motor systems to determine if motors are properly sized for the equipment being served and how the motor is being operated.
- Collect information on potential repairs and upgrades to the motor systems, including the
  economic costs and benefits of implementing repairs and upgrades, to enable the energyefficiency improvement decision-making process.
- If upgrades are pursued, monitor the performance of the upgraded motor systems to determine actual costs savings.
- For equipment that runs at different speeds, consider installing Adjustable-Speed Drives (ASD) or Variable-Speed Drives (VSD) to better match speed to load requirements for motor operations, and therefore ensure that motor energy use is optimized to a given application. Energy savings may vary from 7% to as high as 60%.

Create a Motor Management Plan. A motor management plan is another essential part of a plant's energy management strategy. It helps to support long-term motor system energy savings and to ensure that motor failures are handled quickly and cost effectively. The National Electrical Manufacturers

Association (NEMA) and other organizations created the <u>Motor Decisions Matter (MDM) campaign</u> to help industrial and commercial customers evaluate their motor repair and replacement options, promote cost-effective applications of NEMA Premium motors as well as "best practice" repair, and support the development of motor management plans before motors fail. The national campaign suggests the following actions for a sound motor management plan (MDM 2007):

- Prepare for motor failure by creating a spares inventory.
- Develop a purchasing specification.
- Develop a repair specification.
- Develop and implement a predictive and preventive maintenance program.
- Develop guidelines for proactive replace/repair decisions.

#### K.2.2 COMPRESSED AIR

Compressed air is one of the least energy efficient systems in an industrial plant because of the amount of energy required for compression and distribution. If compressed air is used, it should be at the minimum quantity for the shortest possible time, and it should be constantly monitored and reweighed against alternatives. Inadequate maintenance can lower compression efficiency and increase air leakage or pressure variability, and can lead to increased operating temperatures, poor moisture control, and excessive contamination of compressed air system components. Consider the following maintenance suggestions to reduce these problems and save energy:

- Blocked pipeline filters increase pressure drop. Keep the compressor and intercooling surfaces
  clean and foul-free by inspecting and periodically cleaning filters. Use filters with just a 1 pound per
  square inch (psi) pressure drop. The payback period for filter cleaning is usually under two years.
   Fixing improperly operating filters will also prevent contaminants from entering tools, which causes
  them to wear out prematurely.
- Monitor motor cooling. Poor motor cooling can increase motor temperature and wind resistance, shortening motor life and increasing energy consumption. Keep motors and compressors properly lubricated and cleaned. Sample and analyze compressor lubricant every 1,000 hours and ensure that it is at the proper level. In addition to energy savings, this maintenance can help avoid system corrosion and degradation.
- Monitor compressed air use. As with maintenance, proper monitoring of compressed air systems can save energy and money. Proper monitoring includes the following:
  - ✓ Pressure gauges on each receiver or main branch line, and differential gauges across dryers and filters.
  - ✓ Temperature gauges across the compressor and its cooling system to detect fouling and blockages.
  - Flow meters to measure the quantity of air used.
  - ✓ Dew point temperature gauges to monitor air dryer effectiveness.
  - ✓ Kilowatt-hour meters and hours-run meters on the compressor drive.

- Reduce leaks in pipes and equipment. Air leaks can be a significant source of wasted energy. A
  typical plant that has not been well maintained could have a leak rate from 20% to 50% of total
  compressed air production capacity. Leak repair and maintenance can reduce this number to less
  than 10%. Overall, fixing leaks in a compressed air system is projected to reduce annual energy
  consumption by 20%.
  - A simple way to detect large leaks is to apply soapy water to suspect areas, or to use a bag to monitor the velocity of the air filling the bag, although this may be time consuming. In the "bag test," a plastic bag is put up to the leak and used to monitor the velocity of the air filling the bag. The best way to detect leaks is to use an ultrasonic acoustic detector, which can recognize the high-frequency hissing sounds associated with air leaks. After identifying them, leaks should be tracked, repaired, and verified.
- Turn off unnecessary compressed air. Equipment that is no longer using compressed air should have the air turned off completely. This can be done using a simple solenoid valve. Check compressed air distribution systems when equipment has been reconfigured to ensure no air is flowing to unused equipment or obsolete parts of the compressed air distribution system.
- Reduce pressure. Try to use the lowest possible pressure level to operate the system.

#### K.2.3 STEAM SYSTEMS

The most important industrial applications for steam are process heating, drying, concentrating, steam cracking, distillation, and driving machinery such as compressors. Whatever the use or the source of the steam, efficiency improvements in steam generation, distribution, and end use are possible.

#### **BOILER ENERGY EFFICIENCY MEASURES**

The boiler energy-efficiency measures presented below focus primarily on improved process control, reduced heat loss, and improved heat recovery. When new boiler systems are needed, they should be designed and installed in a custom configuration that meets that plant's needs. Often, pre-designed boilers cannot be fine-tuned to meet the unique steam generation and distribution system requirements of a specific plant in the most efficient manner:

- Get a boiler tune-up. When too much excess air is used to burn fuel, energy is wasted because
  excessive heat is transferred to the air rather than to the steam. Air slightly in excess of the
  ideal fuel-to-air ratio will cause the boiler to run inefficiently. A boiler tune-up will help ensure
  your boiler has the right fuel-to-air ratio.
- Control boiler processes. Flue gas monitors maintain optimum flame temperature and monitor carbon monoxide (CO), oxygen, and smoke. A small 1% air infiltration will result in 20% higher oxygen readings. A higher CO or smoke content in the exhaust gas is a sign that there is insufficient air to complete fuel burning. Using a combination of CO and oxygen readings, it is possible to optimize the fuel/air mixture for high flame temperature (and thus the best energy efficiency) and lower air pollutant emissions.
- Reduce flue gas quantities using visual inspection. Often excessive flue gas results from leaks in the boiler and/or in the flue. These leaks can reduce the heat transferred to the steam and increase

- pumping requirements. However, such leaks are often easily repaired, saving 2% to 5% of the energy formerly used by the boiler.
- **Properly size boiler systems.** Designing the boiler system to operate at the proper steam pressure can save energy by reducing stack temperature, piping radiation losses, and leaks in steam traps. Costs and savings will depend heavily on the current boiler system utilization at individual plants.
- Improve boiler insulation. It is possible to use new insulation materials, such as ceramic fibers, that both insulate better and have a lower heat capacity (thus allowing for more rapid heating). Savings of 6% to 26% can be achieved if improved insulation is combined with improved heater circuit controls. Due to the lower heat capacity of new insulating materials, the steam output temperature will vary more quickly with variations in the heating element temperature.
- Implement a boiler maintenance program. A simple maintenance program to ensure that all boiler
  components are operating at peak performance can result in substantial savings. In the absence of a
  good maintenance system, burners and condensate return systems can become worn out.
- Return condensate to the boiler. Reusing hot condensate in boilers saves energy, reduces the need for treated boiler feed water, and reclaims water at up to 212F of sensible heat.

#### STEAM DISTRIBUTION SYSTEM ENERGY EFFICIENCY MEASURES

Steam and hot water distribution systems are often quite extensive and can be major sources of energy loss. Energy efficiency improvements to steam distribution systems primarily focus on reducing heat losses throughout the system and recovering useful heat from the system wherever feasible. The following measures are some of the most significant opportunities for saving energy in industrial steam distribution systems:

- Improve distribution system insulation. Using more insulating material or using the best insulation material for the application can save energy in steam systems. Crucial factors in choosing insulating material include low thermal conductivity, dimensional stability under temperature change, resistance to water absorption, and resistance to combustion.
- Maintain distribution system insulation. It is often found that after heat distribution systems have
  undergone some form of repair, the insulation is not replaced. Additionally, some types of insulation
  can become brittle or rot over time. A regular inspection and maintenance system for insulation can
  save energy.
- Improve steam traps. Modern thermostatic element steam traps can reduce energy use while improving reliability. Their main efficiency advantages are that they open when the temperature is very close to that of saturated steam, purge non-condensable gases after each opening, and are open on startup to allow a fast steam system warm-up. These traps also have the advantage of being highly reliable and useable for a range of steam pressures.
- Maintain and monitor steam traps. A simple program of checking steam traps to ensure that they
  are operating properly can save significant amounts of energy for very little money. In the absence
  of such a program, it is common to find 15% to 20% of steam traps in a distribution system

malfunctioning. Attaching automated monitors to steam traps in conjunction with a maintenance program can save even more energy without significantly adding costs.

Repair leaks. As with steam traps, steam distribution piping networks often have leaks that can go
undetected without a regular inspection and maintenance program. The U.S. DOE estimates that
repairing leaks in an industrial steam distribution system will lead to energy savings of 5 to 10%.

#### K.2.4 MANUFACTURING PROCESSES

Improving operating practices for energy efficiency is an excellent and simple source of no-cost savings opportunities. Try to practice the following as much as possible:

- Turn off idling equipment, machines, and systems.
- Reduce startup and shutdown times for equipment, machines, and systems if possible.
- Make sure systems are optimized and maintained for maximum productivity.

### K.3 Resources and Links

In addition to the resources highlighted throughout the text in this section, the following online resources that can help you and your employees learn more about energy use and energy efficiency.

- ENERGY STAR Challenge for Industry
- ENERGY STAR Energy Treasure Hunt Guide: Simple Steps to Finding Energy Savings
- ENERGY STAR Industrial Plant Employee Awareness Posters
- ENERGY STAR Directory of Industrial Service and Product Providers
- DOE Industrial Assessment Centers

# Appendix L - Home-Based Businesses

If your business is home-based, energy efficient projects will affect both your personal and professional bottom line. To get started, consider participating in Home Performance with ENERGY STAR, a program administered by the DOE in conjunction with the EPA. Participants improve their homes' energy efficiency with whole house solutions; typically yielding a utility bill savings of 20% or more. Home improvements fall into six general categories: 1) sealing air ducts and adding insulation; 2) improving heating and cooling systems; 3) sealing ductwork; 4) replacing windows; 5) upgrading lighting, appliances, and water heating equipment; and 6) installing renewable energy systems. You may choose to implement energy projects in one or more of these areas. Further, as your home is also your workplace, consider the top energy consumers in typical office spaces: lighting, cooling, and computers. The first projects you choose to implement may be in areas



where home and business uses overlap (e.g. lighting). This appendix will help you take your home energy program one step further by providing additional guidance tailored for you that includes:

- How to profile your home's energy use.
- Tips that can help you save energy and money.
- Online resources to support your home-based business' energy program.

## L.1 Profiling Your Energy Use

To profile your energy use, assess the energy efficiency of your home and see how it measures using the <a href="ENERGY STAR Home Advisor">ENERGY STAR Home Advisor</a>. With the three-step program, you can create your home's energy profile, get custom recommendations, and improve your home's efficiency. For a quick start, the <a href="ENERGY STAR">ENERGY STAR</a> Home Energy Yardstick provides a simple assessment of your home's annual energy use compared to similar homes. In addition, the Yardstick provides insights into where you're using your energy; links to energy efficiency guidance from ENERGY STAR; and an estimate of your home's annual carbon emissions.

# L.2 TIPS FOR ENERGY SAVING AT HOME

Be sure to refer to *Appendix B*, which includes additional information on lighting, heating and cooling, and computers (as well as other office equipment, such as kitchen equipment and copy machines).

Inefficient office equipment not only draws power, but also emits heat that can contribute to higher cooling bills.

Remember that reducing water use is important for not only saving energy, but also water. **Use**WaterSense-labeled products **such as** <u>faucets</u>, <u>showerheads</u>, <u>toilets</u>, **to save water**. For example,
WaterSense toilets use 20% less water than those manufactured following the current federal standard.

Find in this section tips for home improvements in the six categories identified by the <u>Home</u> <u>Performance program</u> (with an additional section for computers and other office equipment).

#### L.2.1 INSULATION

<u>Air that leaks through your home's envelope</u>—the outer walls, windows, doors, and other openings—wastes a lot of energy and increases your utility costs. A well-sealed envelope, coupled with the right amount of insulation, can make a real difference on your utility bills. Most homes in the U.S. don't have enough insulation and have significant air leaks. In fact, if you added up all the leaks, holes, and gaps in a typical home's envelope, it would be the equivalent of having a window open every day of the year!

- <u>Seal and insulate your attic</u>. Air sealing in the attic is generally a challenging do-it-yourself project, but the benefits can be substantial.
- <u>Seal and insulate your basement or crawl space</u>. Sealing air leaks and adding insulation in the
  basement are generally considered moderate to difficult do-it-yourself projects; if you're not
  comfortable taking on this project yourself, there are many qualified contractors who can help you
  get the work done.

#### L.2.2 DUCTWORK

In houses with forced-air heating and cooling systems, ducts are used to distribute conditioned air throughout the house. In a typical house, about 20 to 30 percent of the air that moves through the duct system is lost due to leaks, holes, and poorly connected ducts. The result is higher utility bills and difficulty keeping the house comfortable, no matter how the thermostat is set.

Seal your heating and cooling ducts. Sealing and insulating ducts can improve the efficiency of your
heating and cooling system by as much as 20 percent and sometimes much more. See the <u>ENERGY</u>
<u>STAR Duct Sealing brochure</u> for more information.

#### L.2.3 HEATING AND COOLING SYSTEMS

Although heating and cooling systems provide a useful service by keeping you and your employees comfortable, they also account for a significant portion of a home's energy use; as much as half of the energy used in your home goes to heating and cooling. For more information, see how to <a href="Heat and Cool">Heat and Cool</a> <a href="Heat and Cool">Efficiently</a>. Here are some tips you can employ in your home:

Change your air filter regularly. Check your filter every month, especially during heavy use months
(winter and summer). If the filter looks dirty after a month, change it. At a minimum, change the
filter every three months. A dirty filter will slow down air flow and make the system work harder to
keep you warm or cool—wasting energy.

- Tune up your HVAC equipment yearly. Just as a tune-up for your car can improve your gas mileage,
  a yearly tune-up of your heating and cooling system can improve efficiency and comfort. Use the
  ENERGY STAR Maintenance Checklist as a guide.
- Install a programmable thermostat. A programmable thermostat is ideal for office spaces that are
  unoccupied during set periods of time throughout the week. Through proper use of preprogrammed settings, a programmable thermostat can save you about \$180 every year in energy
  costs.

#### L.2.4 WINDOWS

Replacing old windows with ENERGY STAR certified windows lowers household energy bills by 7-15 percent. Lower energy consumption also reduces greenhouse gas emissions from power plants and shrinks a house's carbon footprint. You may also:

- Caulk and weather-strip around windows and doors. Check for signs of air leakage around windows and doors. Then use caulk and weather-stripping to stop the leaks.
- Use drapes to stay comfortable. During cold weather, take advantage of the sun's warmth by
  keeping drapes open on south facing windows during daylight hours. To keep out the heat of the
  summer sun, close window shades and drapes in warm weather.
- Make sure your windows and doors are closed when the air conditioning or heat is on to keep the warmed or cooled air in the house.
- Replace your screens with storm windows. During the winter months, replace screens with storm
  windows to provide an extra barrier to the cold outside air. This will help create a more comfortable
  living space inside your home.

### L.2.5 LIGHTING, APPLIANCES, AND WATER HEATING EQUIPMENT

Lighting products that have earned the ENERGY STAR deliver exceptional features, while using less energy. ENERGY STAR certified lighting products combine quality and attractive design with the highest levels of energy efficiency available today. ENERGY STAR certified fixtures typically use one-quarter the energy of traditional lighting and distribute light more efficiently and evenly than standard fixtures. In addition to bulbs and fixtures themselves, your home office can employ lighting controls and/or sensors to reduce energy use.

Water heaters are the second highest source of energy usage in the home. <u>ENERGY STAR certified water</u> <u>heaters</u> use 14 – 55% less energy than equipment that meets the minimum federal standard. Here are some lighting and water heating tips:

- Replace incandescent light bulbs with ENERGY STAR certified LEDs bulbs. The ENERGY STAR label
  lets you know this bulb is independently certified and has undergone extensive testing to ensure
  energy savings and performance promises.
- Choose ENERGY STAR light fixtures. If every U.S. household replaced the five most frequently used light fixtures with ENERGY STAR certified fixtures, it would prevent greenhouse gas emissions equivalent to those from 10 million cars.

- **Dim the lights**. Dimmers are available for LEDs. Daylight dimmers are special sensors that automatically dim room lights based on the amount of free and natural daylight available.
- Choose an ENERGY STAR certified Electric Heat Pump or Gas Storage water heater.
- Insulate your electric water heater. Wrap your water heater in an insulating jacket. Increased insulation slows heat loss through the walls of the water heater. Even if your water heater is in a heated part of your home, energy loss through the walls of the water heater can be significant.
- Lower your water heater temperature. Set your water heater thermostat at 120 degrees F or lower.
   This way you'll reduce the amount of energy it takes to produce and maintain your hot water by not overheating it.

#### L.2.6 COMPUTERS AND OTHER OFFICE EQUIPMENT

<u>ENERGY STAR certified computers</u> deliver substantial savings over standard models. Desktops, integrated desktops, notebook (laptop) computers, workstations, and small-scale servers are all eligible to earn the ENERGY STAR. Here are some tips to consider for computers and other office equipment:

- Always buy ENERGY STAR certified products. The ENERGY STAR mark indicates the most efficient
  computers, printers, copiers, televisions, windows, thermostats, ceiling fans, and other appliances
  and equipment.
- **Use power management features.** <u>Place computers (CPU, hard drive, etc.) into a low-power "sleep mode" after a designated period of inactivity</u>. You can also purchase a commercial software power management package.
- **Print double-sided pages**. Much more energy is used in the manufacturing and distributing of paper than the actual printing at your office.

#### L.2.7 Install renewable energy systems

Once you have made energy efficiency improvements to your home, you may consider additional measures, such as installing solar panels or a solar hot water system. An <a href="ENERGY STAR certified solar">ENERGY STAR certified solar</a> water heating system can cut your annual hot water costs in half, and is generally designed for use with an electric or gas back-up water heater.

#### L.3 RESOURCES AND LINKS

This section includes additional online resources that can help your home-based business:

- ENERGY STAR Recommendations for Finding a Contractor
- ENERGY STAR Rebate Finder
- ENERGY STAR Office Equipment Savings Calculator
- Renewable Energy Ready Home Solar Site Assessment Tool
- SBA Energy Efficiency for Home Based Businesses
- Lawrence Berkeley National Laboratory's Home Energy Saver

# Appendix M - EPA Green Power Partnership

EPA's Green Power Partnership is a voluntary program helping to increase the use of green power among leading U.S. organizations.

Organizations are encouraged to purchase green power to reduce the environmental impacts associated with conventional electricity use.



The Green Power Partnership works with more than a thousand leading organizations, including Fortune 500® companies, local, state, and federal government agencies, manufacturers and retailers, trade associations, and a growing number of colleges and universities. Partners are purchasing billions of kilowatt-hours (kWh) of green power annually, which has the equivalent impact of removing the emissions of hundreds of thousands of cars from the road each year.

An organization can benefit from partnering with EPA's Green Power Partnership by taking advantage of the credibility, expert advice, recognition, and up-to-date market information that EPA provides. Specifically, Green Power Partnership offers the following assistance to organizations that join the Partnership:

- Why Use Green Power? EPA's Green Power Partnership will assist in identifying the green power products that best meet an organization's goals.
- Publicity and Recognition. The Green Power Partnership actively promotes and recognizes Green Power Partners as environmental leaders.
- Tools and Resources. EPA offers organizations a variety of tools and information located on the Partnership website to explain and take the guesswork out of green power purchases.
- Credibility. Participation in the Green Power Partnership signifies an organization's green power use meets nationally accepted standards in terms of size, content, and resource base.

#### M.1 JOIN THE GREEN POWER PARTNERSHIP

<u>EPA invites your organization to join the hundreds of other U.S. organizations</u> that are improving their environmental performance and reducing the risks associated with climate change by switching to green power. To join, organizations must procure green power at a level that meets or exceeds Partnership benchmarks, sign a simple Partnership Agreement, and agree to update EPA on their green power use annually. For more details, please see. Figure M.1 describes the Green Power purchase requirements.

Green Power Purchase Requirements	
Your Organization's Baseload if your annual electricity use in kilowatt-hours is	Green Power Partner Requirements  You must, at a minimum, use this much green power
≥100,000,001 kWh	3% of your use
10,000,001 - 100,000,000 kWh	5% of your use
1,000,001 - 10,000,000 kWh	10% of your use
≤1,000,000 kWh	20% of your use

Figure M.1: Green Power Purchase Requirements

# Appendix N - EPA Office of Small Business Programs

Thinking Small Business First: Professionalism, Innovation, Collaboration, Advocacy

#### **Mission Statement**

The mission of the U.S. Environmental Protection Agency's Office of Small Business Programs is to support the protection of human health and the environment by advocating and advancing the business, regulatory, and environmental compliance concerns of small and socio-economically disadvantaged businesses.



<u>The Environmental Protection Agency (EPA) Office of Small Business</u>

<u>Programs (OSBP)</u>, under the Office of the Administrator, advocates and

fosters opportunities for direct and indirect partnerships, contracts, and sub-agreements for small businesses and socio-economically disadvantaged businesses. Additionally, OSBP furthers its overall small business advocacy through the Agency's Asbestos and Small Business Ombudsman, where the regulatory and environmental compliance concerns of small businesses are addressed. Below are the key responsibilities for each OSBP component.

#### **Greening Small Business Responsibilities**

- Smart Steps to Sustainability A Greening Guide for Small Business.
- Conduit between small business and EPA's voluntary programs.
- Advocate for small business greening tools and resources.

#### **Direct Procurement Key Responsibilities**

- Acquisition review and approvals.
- Procurement data and performance measurement.
- Small business consultation, guidance, and advocacy.

### Disadvantage Business Enterprise (Indirect Procurement) Key Responsibilities

- Developing and monitoring EPA's indirect procurement (through grants) policy and procedures.
- Providing outreach and training on indirect procurement within the agency and to the public.
- Providing technical and programmatic assistance to minority and women-owned businesses.

#### **Asbestos Small Business Ombudsman Key Responsibilities**

- Small business advocate in regulatory process.
- Asbestos and small business assistance hotline.
- Compliance assistance for small businesses that are heavily regulated.
- State 507 program for small business environmental assistance throughout the country.

# Appendix 0 - Saving Water and the Soak Up the Rain Campaign

Hard surfaces such as building roofs, parking lots, patios, sidewalks and roads—also called impervious areas—prevent rainfall from infiltrating naturally into the ground. Urban development can result in large amounts of stormwater (also known as runoff) entering streams, lakes, rivers, wetlands, or oceans through storm drain systems. Stormwater can become polluted by oil and other contaminants on parking lots, pesticides and fertilizers on lawns, and soil eroded from bare ground.



Sustainable stormwater management—also known as green stormwater infrastructure or low impact development—can be used to absorb and treat stormwater close to where the rain falls, which reduces impacts to lakes, streams and estuaries. Filtering water through soil and vegetation helps clean it and reduces the amount of water and associated pollutants that flow untreated to storm drain systems and local waterways. Sustainable stormwater management practices are designed to protect and restore the landscape, so the developed areas have less of an impact on local and regional water resources.

Best practices for controlling stormwater can be integrated into existing features of the built environment (e.g., buildings, streets, parking lots, and landscaped areas). These practices are appropriate for most settings, from urban cores and suburbs to rural areas. The practices can include rain gardens, swales and conservation landscaping which are common natural solutions. These practices are designed to capture stormwater, filter it through vegetation and soils, and infiltrate it into the ground. Vegetated stormwater management practices that include green roofs can also be beneficial to wildlife when planted with native and locally adapted plants. Other practices such as downspout disconnection, permeable pavement and water harvesting can work in conjunction with these other tools to capture and filter or temporarily store rainwater on site to help protect stream channels from erosion and to reduce localized flooding. Conservation landscapes are also beneficial because they generally require less water, fertilizer and pesticides than do traditional landscapes. They also are designed to reduce power equipment use and associated fuel and energy consumption.

The creation of sustainable stormwater features can provide many benefits to your business and community. Some of these benefits include:

- Beautifying your small business grounds to make the property more attractive to staff and customers.
- Enhancing wildlife habitat, including habitat for butterflies, birds, pollinators, frogs and turtles, and small mammals.
- Improving water quality, reducing flooding in local streams and decreasing the risk of property loss.
- Providing cool shade to otherwise hot parking lots.
- Reducing costs associated with irrigation and other inputs (<u>as highlighted by the WaterSense Program</u>).

Soak Up the Rain is a stormwater public outreach campaign to raise awareness about the problem of polluted stormwater runoff and to encourage citizens, municipalities and others to take action to help reduce runoff and its costly impacts. We can all be part of the solution. Check out the website for outreach tools, how-to guides, and many other resources to learn more and get started.



Rain gardens, green roofs, tree plantings, and permeable pavements are examples of some of the practices used to soak up the rain. Often called green infrastructure, these practices rely on soil, plants and natural processes such as infiltration, evaporation, and transpiration to mimic the natural water cycle and manage rain water. Green infrastructure is a cost-effective and resilient approach to managing stormwater that can bring many social, economic, public health, and environmental benefits to communities.